

This Is It

LINEDANCE.COM

Count: 32

Wall: 4

Level: Novice / Beginner WCS

Choreographer: Camilla Beskow & Barry Arbeider

Music: "This Is It" by Michael Jackson

STEP RIGHT TO THE SIDE, KNEE POP, $\frac{3}{4}$ TURN, WALK, WALK, ANCHOR STEP;

1 RF step side right, knee pop out

& RF knee pop in

2 RF knee pop out

3 LF put weight on, $\frac{1}{4}$ turn right

4 ending $\frac{1}{2}$ turn right (9.00)

5 RF walk forward

6 LF walk forward

7 RF step behind LF

& LF step in place

8 RF step in place

$\frac{1}{2}$ TURN LEFT, 1 $\frac{1}{4}$ TRACE TURN, WALK, WALK, $\frac{1}{2}$ SAILOR TURN;

1 RF $\frac{1}{2}$ turn left (3.00)

2 LF put weight on, start turning

3 LF $\frac{1}{2}$ turn left, keep RF next to LF

4 LF $\frac{3}{4}$ turn left, keep RF next to LF (12.00)

5 RF step forward

6 LF step forward

7 RF/LF $\frac{1}{2}$ turn right on LF, cross RF behind LF (6.00)

& LF step to side

8 RF step to side

KICK, CROSS, POINT, KICK, CROSS, POINT, KNEE POPS;

1 LF kick forward

& LF cross over RF

2 RF point to side, hands out and click fingers

3 RF kick forward

& RF cross over LF

4 LF point to side, hands out and click fingers

5 RF/LF knee pop in, heels out

& RF/LF knee pop out, heel in

6 RF/LF knee pop in, weight on LF, RF toe up

7 RF/LF knee pop in, heels out

& RF/LF knee pop out, heel in

8 RF/LF knee pop in, weight on RF, LF toe up

DRAG, CROSS, STEP, CROSS, SWEEP, 1/4 TURN LEFT, ILLUSION WALKS;

1 LF drag heel to RF

2 LF cross behind RF

& RF step to the side

3 LF cross over RF

4 LF ¼ turn left with sweep RF (3.00)

5 RF/LF weight on RF, push LF backwards

6 RF/LF step LF in place, push RF backwards

7 RF/LF step RF in place, push LF backwards

8 RF/LF step LF in place, push RF backwards

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=78679