

# SHUFFLE YOUR FEET

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate east coast swing

**Choreographer:** Ingemar Kardeskog

**Music:** Shuffle Your Feet by Black Rebel Motorcycle Club

**Follow metronome rhythm between base drum and handclap at 145 bpm. Intro 32 counts from first beat**

## **WALK, WALK, SHUFFLE FORWARD, ROCK, STEP, TRIPLE ½ TURN RIGHT**

- 1-2** Walk left forward, walk right forward
- 3&4** Step left forward, close right beside left, step left forward
- 5-6** Rock right forward, recover to left
- 7&8** Turn ¼ right stepping right to right side, close left beside right, turn ¼ right stepping right forward

## **PIVOT ½ RIGHT, CLAP, PIVOT ½ RIGHT, CLAP, ROCK, STEP, SAILOR ¼ TURN LEFT**

- 1-2** Turn ½ right stepping left back, hold and clap. Easier option: step left forward, hold and clap
- 3-4** Turn ½ right stepping right forward, hold and clap. Easier option: step right forward, hold and clap
- 5-6** Rock left forward, recover to right
- 7&8** Cross left behind right turning ¼ turn left, step right beside left, step left slightly to left side

## **CROSS, CLAP, STEP, CROSS, CLAP, SIDE ROCK, BEHIND, TURN ¼ RIGHT, STEP**

- 1-2&** Cross right over left, hold and clap hands, step left to left side
- 3-4** Cross right over left, hold and clap hands
- 5-6** Rock left to the left side, recover to right
- 7&8** Step left behind right, turn ¼ right stepping right forward, step left forward

## **STEP ½ TURN STEP, SHUFFLE FORWARD, ROCK STEP, TRIPLE ¾ TURN RIGHT**

- 1&2** Step right forward, turn ½ left onto left, step right forward
- 3&4** Step left forward, close right beside left, step left forward
- 5-6** Rock right forward, recover to left

**7&8** Turn  $\frac{1}{2}$  right stepping right slightly in place, close left beside right, turn  $\frac{1}{4}$  stepping right slightly forward

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=38373](https://www.linedance.com/index.php?f=dance_view&id=38373)