

SHOW ME HOW

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Count: — **Wall:** 2 **Level:** intermediate

Choreographer: Julie Dowse

Music: Show Me How by Lorrie Morgan

Sequence: ABC, ABCC, A, A (1-20, turning 1/4 to left and touching right beside left), BBC, C (1-13), then drag your left foot to take weight beside your right

PART A

STEP/ROCK BACK, ROCK FORWARD, 1/2 SHUFFLE, SIDE STEP, STEP TOGETHER, STEP FORWARD, DRAG RIGHT

1-2-3&4 Step/rock back on right, rock forward on left, 1/2 shuffle over left - right, left, right

5-6-7-8 Step left to left, step right next to left, step left forward, drag right next to left (weight left) (6:00)

STEP/ROCK BACK, ROCK FORWARD, 1/2 SHUFFLE, SIDE STEP, STEP TOGETHER, STEP FORWARD, STEP FORWARD

1-2-3&4 Step/rock back on right, rock forward on left, 1/2 shuffle over left - right, left, right

5-6-7-8 Step left to left, step right next to left, step left forward, step right forward (12:00)

STEP BACK, 1/4 TURN, CROSS/STEP, 1/4 TURN, STEP/ROCK BACK, ROCK FORWARD, STEP FORWARD, 3/4 TURN

1-2-3-4 Step back on left, 1/4 turn over right stepping right to right side, cross/step left over right, 1/4 over left stepping back on right

5-6-7-8 Step/rock back on left, rock forward on right, step forward on left, 3/4 turn over right on ball of left foot, right foot raised (9:00)

STEP FORWARD, 1/4 TURN, CROSS/STEP BEHIND, STEP SIDE, 1/2 TURN WITH SWEEP STEP ACROSS, POINT TO SIDE, STEP BEHIND, POINT TO SIDE

1-2-3-4 Step right forward, 1/4 turn over right stepping left to left side, cross/step right behind left, step left to left (12:00)

5-6-7-8 1/2 turn over left on ball of left sweeping right around to cross/step in front of left, point left to left, cross/step left behind right, point right to right (6:00)

PART B

TAP RIGHT TO RIGHT, STEP TOGETHER, POINT FORWARD, STEP TOGETHER, STEP FORWARD, ½ TURN, BACK COASTER, STEP FORWARD, ½ TURN

- 1&2&3-4** Tap right to right, step right next to left, touch left forward, step left beside right, step right forward, ½ turn over left (weight on right)
- 5&6-7-8** Step back on left, step right beside left, step left forward, step right forward, ½ turn over left dragging left next to right (weight right)

STEP BACK, ¼ TURN, ¾ UNWIND, STEP SIDE, STEP BEHIND, BALL CROSS, ½ UNWIND

- 1-2-3-4** Step left back, ¼ turn over right stepping right to right, touch left behind right ¾ unwind over left taking weight onto left (12:00)
- 5-6&7-8** Step right to right, step left behind right & step onto ball of right, cross/step left over right, ½ unwind over right taking weight onto right (6:00)

CROSS SAMBA, CROSS/STEP, ½ UNWIND, CROSS SAMBA, CROSS/STEP, ½ UNWIND

- 1&-2-3-4** Cross left over right, rock to right, rock center on left, cross/step right over left, ½ unwind over left (weight left)
- 5&6-7-8** Cross right over left, rock to left, rock center on right, cross/step left over right, ½ unwind over right (weight left)

¼ PADDLE TURN, ¼ PADDLE TURN, MONTEREY TURN, STEP/CROSS, ROCK, REPLACE

- 1-2-3-4** Step right forward, ¼ turn over left (rotate hips to the left), step forward right, ¼ turn over left (rotate hips to the left) (12:00)
- 5&6-7&8** Point right toe to right, step right next to left replacing weight onto right & turn ½ right, point left toe to left, cross/step left over right, rock back on right, rock forward on left (6:00)

PART C

STEP/HIP SWAY, HIP SWAY, STEP, DRAG, ROCK BACK, ROCK FORWARD, ½ PIVOT

- 1-2-3-4** Step right to right as you sway hips to right, sway hips to left, step right to right as you drag left to right
- 5-6-7-8** Step back on left, replace weight onto right, step forward left, ½ pivot over right (12:00)

STEP/DRAG, ROCK, REPLACE, SIDE STEP, ½ HINGE, CROSS/STEP, STEP TO SIDE

- 1-2-3-4** Step left to left, drag right to left, rock back on right on right diagonal, replace weight onto left
- 5-6-7-8** Step right to right, $\frac{1}{2}$ hinge turn over left stepping left to left, cross step right over left, step left to left (6:00)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=38317