

# THE KETCHUP DANCE

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**Count:** 32                      **Wall:** 4                      **Level:** beginner

**Choreographer:** David Camm

**Music:** Asereje (The Ketchup Song) by Las Ketchup

**1-4**                      With feet together twist heels, toes, heels to right, clap hands

**5-8**                      With feet together twist heels, toes, heels to left, clap hands

**1-4**                      Step forward on right, turn  $\frac{1}{2}$  turn left, step forward on right, hold

**5-8**                      Step forward on left, turn  $\frac{1}{2}$  turn right, step forward on left, hold

**1-4**                      Step right forward, step left forward, step right forward, hold

**5-8**                      Step left forward, step right forward, step left forward, hold

**1-4**                      Turn  $\frac{3}{4}$  turn left stepping right to right side, step left behind right, step right to right side, hitch left

**5-8**                      Stepping left to left side push left, push hips right, push hips left, hitch right

**REPEAT**