

SCOTTISH COWBOY

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Count: 46 **Wall:** — **Level:** —

Choreographer: John Pannell

Music: Rhythm Of My Heart by Rod Stewart

- 1&2** Step left behind right, step right together, step left to side
- 3&4** Step right behind left, step left together, step right to side
- 5&6** Step left behind right, step right together, step left to side
- 7&8** Step right behind left, step left together, step right to side
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- 9&10** Shuffle forward left-right-left
- 11-12** Rock forward on right, rock back on left
- 13&14** Shuffle back right-left-right
- 15-16** Rock back on left, rock forward on right
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- 17&18** Shuffle to right commencing with left foot stepping across in front (left-right-left)
- 19-20** Turning full turn right step right-left
- 21-24** Step right to side with hip bump right, then hip bumps left-right-left
- 25&26** Shuffle to left commencing with right foot stepping across in front (right-left-right)
- 27&28** Turn $\frac{1}{4}$ turn left while shuffling forward left-right-left
- 29-34(Sugar foot) traveling right-toe, heel, toe, heel, toe, stomp**
- 35-38** Vine left: left-right-left-stomp right
- 39-40** Step forward on right while turning $\frac{1}{2}$ turn left, step left together
- 41&42** Shuffle to left commencing with right foot stepping across in front (right-left-right)
- 43-46** Step left to side with hip bump left, then hip bumps right-left-right

REPEAT