

# Sha La La

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Max Perry (Sept 07)

**Music:** Sha La La La (Make Me Happy) by Al Green (Greatest Hits)

**Or Music: L.O.V.E. by Al Green “Greatest Hits”**

**A: Sugar Push with Kick Ball Change**

- 1,2      Step R forward, Step L forward
- 3&4      Step R up to L (3rd position), Step L in place, Step back
- 5&6      Step L back, Step R next to L, Step L forward (coaster step)

**Note: You may also dance an “anchor” step instead of the coaster step**

- 7&8      Kick R forward, Rock R back with ball of foot, Step L in place

**B: 1/4 Pivot Turn, Crossing Shuffle, Weave Left**

- 1,2      Step R forward & turn 1/4 left, Step L in place
- 3&4      Cross R in front of L, Step L to left side, Cross R over L
- 5,6,7      Step L to left side, Cross R behind L, Step L to left side,
- 8      Cross R over L

**C: Side Rock, Turning Sailor Shuffle, Forward & Back Rock Steps**

- 1,2      Rock Step L to left side, Step R in place (recover)
- 3 & 4      Cross L behind R, Step R in place, Step L in place

**(turn 1/4 left over these 3 steps)**

- 5,6      Rock R forward, Step L in place (recover)
- 7,8      Rock R back, Step L in place (recover)

**D: 1/2 Pivot Turn, 1/4 Pivot Turn, Syncopated Touches**

- 1,2      Step R forward & turn 1/2 left, Step L in place
- 3,4      Step R forward & turn 1/4 left, Step L in place
- 5&      Touch R forward & across L, Step R next to L
- 6&      Touch L forward & across R, Step L next to R

**7&** Touch R forward, Step R next to L

**8&** Touch L forward, Step L next to R

**Begin again**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=74070](https://www.linedance.com/index.php?f=dance_view&id=74070)