

Rise Above

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Neville Fitzgerald & Julie Harris

Music: Rise Above 1 - Reeve Carney feat. Bono and The Edge. (single 3.52)

Starts After 32 Counts.

Press, Back, Back, Back, Coaster Step. Rock Step, 1/2, 1/2, 1/4.

- 1** Press forward on Left. (rising up on ball & lifting Right off floor behind).
- 2&3** Run back Right-Left-Right.
- 4&5** Step back on Left, step Right next to Left, step forward on Left.
- 6-7** Rock forward on Right, recover Left.
- 8&1** Make 1/2 turn to Right stepping forward on Right, 1/2 turn Right stepping back on Left, 1/4 turn Right stepping Right to Right side.

Rock & Side, Behind, 1/4, 1/4, Rock & 1/4, 1/2.

- 2&3** Cross rock Left behind Right, recover on Right, step Left to Left side.
- 4&5** Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left, 1/4 Left stepping Right to Right to Right side.
- 6&7** Cross rock Left behind Right, recover on Right, make 1/4 turn to Right stepping back on Left.
- 8** Make 1/2 turn to Right stepping forward on Right. **R**

Step, Step 1/2, 1/4, Behind & Rock Step, & Step, Run, Run, Run.

- 1** Step forward on Left.
- 2&3** Step forward on Right, pivot 1/2 turn to Left, 1/4 turn to Left stepping Right to Right side.
- 4&5** Cross step Left behind Right, step Right to Right side, cross rock Left over Right.
- 6&7** Recover on Right, step Left to Left side, step forward on Right.
- 8&1** Run forward Left-Right-Left.

Mambo Step, Rock & 1/4, Sailor 1&1/4.

- 2&3** Rock forward on Right, recover on Left, step back on Right.

- 4&5** Cross rock Left behind Right, recover on Right, make 1/4 turn to Right stepping back on Left.
- 6&7** Make 1/4 turn to Right stepping Right behind Left, step Left next to Right, 1/2 turn to Right stepping forward on Right.
- &8** Step Left next to Right, make 1/2 turn to Right stepping forward on Right. (sailor 1&1/4)

****R** - Restart: Wall 3 & Wall 6**

Dance Up To & Including Count 8 (16) Section 2.. Then Restart Dance From Beginning Facing Front.