

URBAN LIFESTYLE

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Count: 48

Wall: 2

Level: intermediate

Choreographer: Jan Wyllie

Music: Better Life by Keith Urban

This dance was written to celebrate the marriage of Keith Urban and Nicole Kidman in Sydney on 25th June 2006. May they have a long and happy life together

STOMP UP & STEP BACK, COASTER, STOMP UP & STEP BACK, COASTER

- 1&2** Stomp right beside left, small hop on left on the spot, step back on right
- 3&4** Step back on left, step right beside left, step forward on left (coaster)
- 5&6** Stomp right beside left, small hop on left on the spot, step back on right
- 7&8** Step back on left, step right beside left, step forward on left (coaster)

FORWARD LOCK STEP, WALK FORWARD LEFT,RIGHT, FORWARD MAMBO, WALK BACK RIGHT,LEFT

- 9&10** Step forward on right, lock/step left behind right, step forward on right
- 11-12** Walk forward left, right
- 13&14** Rock/step forward on left, rock back on right, step back on left (mambo)
- 15-16** Making a full turn right walk back right, left (or just walk back right, left, if you can't turn)

½ TURN SHUFFLE, LOCK/SHUFFLE FORWARD, TOUCH TOE FORWARD STEP BACK, COASTER

- 17&18** Making ½ turn right back over right shoulder shuffle forward right, left, right
- 19&20** Lock/shuffle forward left, right, left
- 21-22** Touch right toe forward, step back on right
- 23&24** Step back on left, step right beside left, step forward on left (coaster)

STEP PIVOT ¼, SHUFFLE FORWARD, FORWARD MAMBO, WALK BACK RIGHT,LEFT

- 25-26** Step forward on right, pivot ¼ left transferring weight to left
- 27&28** Shuffle forward right, left, right
- 29&30** Rock/step forward on left, rock back on right, step back on left (mambo)
- 31-32** Making a full turn right walk back right, left (or just walk back right, left if you can't turn)

½ TURN SHUFFLE, FORWARD ROCK RETURN, COASTER CROSS, SIDE ROCK RETURN

33&34 Making ½ turn right back over right shoulder shuffle forward right, left, right

35-36 Rock/step forward on left, rock back on right

37&38 Step back on left, step right beside left, step left across right (coaster cross)

39-40 Rock/step right to right, rock/return weight sideways onto left

RIGHT SAILOR STEP, ¼ TURN SAILOR STEP, ½ TURN SHUFFLE, & HEEL JACK & STEP FORWARD

41&42 Step right behind left, step left to left, step right to right (sailor step)

43&44 Step left behind right, making ¼ right step forward on right, step back on left (¼ sailor step)

45&46 Making ½ turn right shuffle forward right, left, right

&47&48 Step back on left, touch right heel forward, step right beside left, step forward on left

REPEAT