

# The Shake

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** High Beginner

**Choreographer:** Jeffrey Callejo (Lihue, Kauai) June 1997

**Music:** The Shake by Neal McCoy

## **S1: Shimmy Shakes Left Clap and Shimmy Shakes Right Clap**

**1-2(1) Step left to left side as you begin shaking shoulders. (2) Continue shaking as you shift your center of gravity to your left side.**

**3-4(3) Place right next to left keeping weight on left (4) Clap**

**5-6(5) Step right to right side as you begin shaking shoulders. (6) Continue shaking as you shift your center of gravity to your right side.**

**7-8(7) Step left next to right placing weight on left (8) Clap**

## **S2: Monterey Turns**

**9-10(9) Tap right toe out to right side (10) Replace right foot next to left as you pivot ½ turn right**

**11-12(11) Point left toe to left side (12) Replace left foot next to right**

**13-14(13) Tap right toe out to right side (14) Replace right foot next to left as you pivot ½ turn right**

**15-16(15) Point left toe to left side (16) Step left foot next to right (weight left)**

**Note: You may omit the Monterey Turns with just right and left toe points**

## **S3: Bump Hips Right Twice, Bump Hips Left Twice, Bump Hips Right And Left Twice**

**17-18(17) Rock right in place and bump hips right (18) Bump hips right**

**19-20(19) Recover to left and bump hips left (20) bump hips left**

**21-24(21) Bump hips right (22) Bump hips left (23) Bump hips right (24) Bump hips left (weight to left)**

## **S4: Grapevine Right, Grapevine Left with A 1 / 4 Turn Left**

**25-26(25) Step Right to Right Side (26) Cross left behind Right.**

**27-28(27) Step Right to Right Side (28) Tap Left next to right**

**29-30(29) Step left to left side (30) Cross right behind left**

**31-32(31) Step left to left side while making a 1 / 4 turn left (32) Step right next to left  
(weight right)**

**\*8 count Tag just before you begin wall 5 and 9. Instead of keeping weight on right foot for count (32) Tap right next to left keeping your weight on left foot.**

**Tag: Point Right, Point Left, Kick, Kick, Coaster Step**

**1-2(1) Point right toe to right side (2) Step right next to left**

**3-4(3) Point left toe to left side (4) Step left next to right**

**5-6(5) Kick right foot forward (6) While right foot is still up kick right foot forward again**

**7&8(7) Step back on right foot (&) Step left next to right (8) Step right foot forward**

**Contact: [tjrc@hawaii.rr.com](mailto:tjrc@hawaii.rr.com)**