

# THE BIG LONELY

LINEDANCE.COM

**Count:** 64      **Wall:** —      **Level:** —

**Choreographer:** Cathy Montgomery

**Music:** You Ain't Lonely Yet by Big House

## RIGHT FOOT HEEL GRIND WITH A 3 STEP SHUFFLE

**1-2**      Place right heel forward and grind from left to right

**3&4**      Do a 3 step shuffle (right-left-right)

## LEFT FOOT HEEL GRIND WITH A LEFT 3 STEP SHUFFLE

**5-6**      Place left heel forward and grind from right to left

**7&8**      Do a 3 step shuffle (left-right-left)

## ½ RIGHT VINE WITH A RIGHT 3 STEP SHUFFLE

**1-2**      Step right, left behind

**3&4** 3 step shuffle (right-left-right)

## ½ LEFT VINE WITH A LEFT 3 STEP SHUFFLE

**5-6**      Step left, right behind

**7&8** 3 step shuffle (left-right-left)

## TOUCH RIGHT, SCOOT, TOUCH LEFT

**1-2**      Touch right to right side and hold

**3&4**      Scoot left right and touch left foot beside right

## TOUCH LEFT, SCOOT, TOUCH RIGHT

**5-6**      Touch left to left side and hold

**7&8**      Scoot right, left and touch right foot beside left

## FOUR 3 STEP SHUFFLES IN A BOX FORMATION

**1&2**      Three step shuffle with a ¼ turn forward to your left shoulder

**3&4** 3 step shuffle with a ¼ turn back to your left shoulder

**5&6** 3 step shuffle with a ¼ forward to your left shoulder

## **7&83 step shuffle with a ¼ turn back to your left shoulder**

### **TOUCH, CROSS, TOUCH, CROSS, TOUCH MONTEREY TURN**

- 1-2** Touch right foot to right side, step right cross left
- 3-4** Touch left to left side, step left cross right
- 5-6** Touch right to right side, pivot ½ turn to right shoulder and touch right beside left
- 7-8** Touch left to left side, step left beside right

**1-8** Repeat above 8 steps

### **2 RIGHT KICK BALL CHANGES KICK, KICK, ½ TURN 3 STEP SHUFFLE**

- 1&2** Kick right foot forward, step quickly onto right, step quickly onto left
- 3&4** Kick right foot forward, step quickly onto right, step quickly onto left
- 5-6** Kick right foot forward, kick right foot to side

## **7&8½ turn 3 step shuffle to right shoulder (right-left-right)**

### **2 LEFT KICK BALL CHANGES KICK, KICK, ¼ TURN 3 STEP SHUFFLE**

- 1&2** Kick left foot forward, step quickly onto left, step quickly onto right
- 3&4** Kick left foot forward, step quickly onto left, step quickly onto right
- 5-6** Kick left foot forward, kick left foot to side

## **7&8¼ turn 3 step shuffle to left shoulder (left-right-left)**

### **REPEAT**