

THE COWGIRL'S WALTZ

LINEDANCE.COM

Count: 48

Wall: 2

Level: intermediate

Choreographer: Jan Wyllie

Music: Long Hard Ride by Joni Harms

STEP BACK SLIDE HOLD, WALTZ FORWARD ½ TURN

1-2-3 Step back on right, touch left toe back, hold

4-5-6 Waltz forward left, right, left making ½ turn left

WALTZ BACK ¼ TURN, WALTZ FORWARD

7-8-9 Waltz back right, left, right making ¼ turn left

10-11-12 Waltz forward left, right, left

WALK BACK RIGHT, LEFT, STOMP & STEP BESIDE, STEP ACROSS, SIDE ROCK RETURN

13-14-15& Walk back right, left, stomp right beside left keeping weight on left, step right beside left

16-17-18 Step left across right, rock/step right to right, rock/return weight sideways onto left

STEP BEHIND, ¼ ROCK RETURN, ½ TURN, ¼ PIVOT

19-20-21 Step right behind left, making ¼ left rock/step forward on left, rock back on right

22-23-24 Making ½ left step forward on left, step forward on right, pivot ¼ left transferring weight to left

CROSS WALTZ. CROSS WALTZ

25-26-27 Step right across left, rock/step left to left, rock/return weight sideways onto right

28-29-30 Step left across right, rock/step right to right, rock/return weight sideways onto left

FORWARD ROCK RETURN, STEP TOGETHER, WALK BACK LEFT, RIGHT, LEFT

31-32-33 Rock/step forward on right, rock back on left, step right beside left

34-35-36 Walk back left, right, left

& WEAVE LEFT, RIGHT, LEFT, RIGHT, CROSS ROCK RETURN

&37-38-39 Step right beside left, step left across right, step right to right, step left behind right

40-41-42 Step right to right, rock/step left over right, rock/return weight back onto right

¼ TURN LEFT, FULL TURN LEFT, STEP PIVOT ½, TAP BESIDE

43-44-45 Making $\frac{1}{4}$ left step forward on left, step forward right, left, making a full turn left

46-47-48 Step forward on right, pivot $\frac{1}{2}$ left transferring weight to left, tap right beside left

REPEAT

RESTART

On wall 4 there is a restart after count 12. Make the waltz at count 7,8,9 a $\frac{1}{2}$ turn rather than a $\frac{1}{4}$ turn so that you face the front to restart the dance

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=58821