

Sex On The Beach!

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Count: 48

Wall: 4

Level: Easy Intermediate

Choreographer: "Hillbilly" Rick (July 2013)

Music: "Sex on the beach!" by T Spoon

BIKINI TIME- BUMP & POINT - THEN GET DOWN & ROLL THEM HIPS

- 1-2** Bump your hips to the R twice, while pointing both fingers L (kind of like shooting six guns)
- 3-4** Bump your hips to the L twice, while pointing both fingers R
- 5-8** Get down and roll your hips in a figure motion (have fun)

WALK OR SKIP IN A CIRCLE TO LEFT (CCW), WHILE SWIMMING WITH YOUR ARMS

- 1-8** While making a swimming motion with your arms walk or skip with attitude in a medium sized circle to the L stepping R L R L R L R L - end up facing original wall - make it funky! It's a lot more fun to skip!!!! Note you may also do a 8 count paddle turn with lots of hip action!!

STEP HITCH & SCOOT X 4 - MOVING R STEP R, L, RLR

- 1** Step forward R, Hitch L leg and scoot or skip forward
- 2** Step forward L, Hitch R leg and scoot or skip forward
- 3-4** Repeat 1-2
- 5-6** Step R to R, Step L beside R
- 7&8** Shuffle to the R side RLR

HEEL SWITCHES AND HOLD with 2 quick claps , MOVING L STEP L, R, LRL

- 1&2** Touch L heel forward, Bring L back and Touch R Heel forward
- &3-4** Bring R Back and Touch L Heel Forward - Hold & clap twice quickly
- 5-6** Step L to L - Step R behind L
- 7&8** Shuffle to the L side LRL

R HEEL FORWARD & BACK, 1/4 TURN L AS REPEAT R HEEL FWD TOE BACK - SHUFFLE FORWARD RLR, LRL

- 1-2** Touch R heel way forward and lean back - Touch R toe way back & lean forward

3-4 1/4 Turn L on ball of L foot as you touch R heel way forward and lean back - Touch R toe way back & lean forward

5&6 RLR Shuffle moving forward

7&8 LRL Shuffle moving forward

VINE R WITH SCUFF, ROLLING VINE L WITH SCUFF

1-4 Step R with R, Step L behind R, Step R with R, Scuff L beside R

5-8 Movin L, make a full turn to the L as you step L, R, R, finish with Scuff of R

Dedicated to my friends in Windang Beach Australia for allowing me to create this dance in the great sun and winds while on their beautiful beach.

Yeehaaaaa

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