

What's Up Lonely

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Count: 48 **Wall:** 4 **Level:** Intermediate

Choreographer: Gerard Murphy (Canada); (Rev Jan 2011)

Music: "What's Up Lonely" by Kelly Clarkson (CD: Thankful).

PRESS R TO R, SLIDE/TOUCH, SHUFFLE R, ROCK & STEP L, BEHIND, ¼ TURN L, STEP R FORWARD

- 1-2** Side press R to R, slide & touch R next to L
- 3&4** Shuffle R: R, L, R
- 5&6** Step ball of L behind R, recover onto R, step L to L side
- 7&8** Step R behind L, step L to L making a ¼ turn L, step R forward

STEP FORWARD L, STEP FORWARD R, PIVOT ½ L, SHUFFLE ¾ L, ROCK BACK/RECOVER, STEP L FORWARD

- 9-11** Step L forward, step R forward, pivot ½ turn L with weight to L
- 12&13** Shuffle ¾ turn L: R, L, R
- 14-16** Rock back on L, recover forward onto R, step forward on L

SHUFFLE FORWARD, STEP FORWARD L, POINT R TO R, CROSS ROCK/RECOVER POINT X 2

- 17&18** Shuffle forward: R, L, R
- 19-20** Step forward on L, point R to R side
- 21&22** Cross rock R over L, recover onto L, point R to R side
- 23&24** Cross rock R over L, recover onto L, point R to R side (moving slightly forward on counts 21 to 24).

CROSS SHUFFLE L, STEP L, SAILOR STEP, BEHIND/SIDE/CROSS, UNWIND ¾ R & POP R KNEE

- 25&26** Cross shuffle to L: R, L, R
- 27** Step L to L
- 28&29** Step R behind L, step L to L side, step R to R side
- 30&31** Step L behind R, step on ball of R, cross step L over R
- 32** Unwind ¾ turn R and pop R knee

STEP, KICK/BALL, SHUFFLE FORWARD, ROCK/RECOVER, SHUFFLE ½ L

- 33,34&** Step R forward, low kick L forward, step down on L
- 35&36** Shuffle forward: R, L, R
- 37-38** Rock forward on L, recover onto R
- 39&40** Shuffle 1/2 turn L: L, R, L (OR shuffle 1 ½ turn L...more difficult!)

WALK FORWARD R/L, SWIVEL ½ R/SIT, POINT/LOOK BACK, STEP/BUMP, STEP/BUMP

- 41-42** Walk forward R, L
- 43** Swivel ½ turn R on balls of both feet while bending knees into sitting position — weight to L
- 44** Touch R toes forward while standing up - and look over L shoulder
- 45-46** Step R forward, touch L slightly forward and bump L hip gently L
- 47-48** Step L forward, touch R slightly forward and bump R hip gently R

START AGAIN!

Restart:

After 2 rotations (facing the back wall), dance the first 16 counts and then restart from the beginning.

Tag:

After another 2 rotations (facing the front wall), dance this 4 count tag:

- 1-2** Step R forward, touch L slightly forward and bump L hip gently L
- 3-4** Step L forward, touch R slightly forward and bump R hip gently R

Contact: murphydance@ns.sympatico.ca