

Those Applebottom Jeans

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Count: 64

Wall: 4

Level: Intermediate / Advanced

Choreographer: Joey Warren (Jan 08)

Music: Low by Flo Rida

Brush-Out-Out, Back Body Roll, Step-Heel, Arm Swing x2, Step-Point

- 1&2** Brush R foot forward, Step R foot out, Step L foot out
- 3 - 4** Push hips back and roll them up (weight on R)
- &-5-6** Step L foot next to R, Place R heel forward, Swing R arm across R leg
- 7&8** Swing R arm back across R leg, Step down on R foot, Point L toe out

¼ Turn x2, ¼ Turn L Sailor, Step x4 around ½ Turn

- 1 - 2 ¼ Turn L stepping L foot forward, ¼ Turn L stepping R foot to R side**
- 3&4 ¼ Turn L stepping L back, Step R foot beside L, Step L foot forward**
- 5 - 8** Keeping L foot on ground Step R foot around x4 for ½ Turn (Weight needs to be on the L foot on count 8)

Kick-&Touch, ½ Turn w/ Knees, Step forward w/ drag, L Touch w/ Look

- 1&2** Kick R foot forward, Step R foot beside L, Touch L toe back
- 3 - 4 ½ Turn L rolling L knee around, Finish ½ Turn rolling R knee to L (weight R)**
- 5 - 6** Step L foot forward, Drag/Step R foot next to L
- 7 - 8** Touch L toe out to L side swinging head to R side, Step L foot next to R

Option on 5-8: You could kick R forward, step R beside L, then drop down on L knee, Do ½ Turn L on L knee putting R knee down beside L, Get up on the L step forward

Roll Out-Out, Cross Step, Roll Out-Out, Cross ¾ Turn L stepping L forward

- 1 - 2** Roll R knee out as you step R out, Roll L knee out as you step L out
- 3 - 4** Cross R foot over L as you roll R knee, Step L foot out to L
- 5 - 6** Roll R knee out as you step R out, Roll L knee out as you step L out
- 7 - 8** Cross R foot over L starting ¾ turn L, Finish Turn with weight on R

Out-Out Knee Pop, Weave ¼ Turn L, Big Step w/ Drag, Heel Twists x2

- &1&2** Step L foot out, Step R foot out, Pop Knees up, Put weight down on R
- 3&4** Step L foot behind R, $\frac{1}{4}$ Turn R stepping R forward, Step L foot forward
- 5 - 6** Take big step forward w/ R, Step L foot beside of R
- &7&8** Come up on toes swivel heels R, center, L, center (weight on R)

Step back-forward-forward, 1 $\frac{1}{4}$ Turn R, Out-Out, Upper Body Twist

- &-1-2** Step back on L, Step forward on R, Step forward on L
- 3 - 4 $\frac{1}{2}$ Turn R putting weight on R, $\frac{1}{2}$ Turn R stepping back on L**
- 5 - 6 $\frac{1}{4}$ Turn R stepping out on R, Step out on L**
- 7 - 8** Twist body to R looking over R shoulder R hand on butt, Return to center

Jump to Side, Step-Touch-Full Turn, Rock & Cross, Step out w/ Sweep

- 1 - 2** Jump to R side, Step out to L with L foot
- 3 - 4** Touch R foot behind L, Unwind Full Turn to R weight ending on R
- 5-&-6** Rock out on L, Recover on R, Step L across R foot
- & - 7** Step out on R foot, Step L foot next to R starting a R sweep behind L

Sailor Step, Free Style last counts with a $\frac{3}{4}$ Walk around to the R

- 8-&-1** Step R foot behind L foot, Step L foot out, Step R foot forward
- 2 - 8** This is your time to free style! All you have to do is do it with a $\frac{3}{4}$ turn to the R ending with your weight on the L so you are ready to start with your R kick.

When I taught this the first time we just did a $\frac{3}{4}$ Walk Around for 2 - 8 starting with the L foot, seemed to go over pretty well just with that. If you don't like freestyling!

• The music during the chorus says to get low repeatedly on this part so play around with that.

BEGIN AGAIN!!!!