

Switchin' Gears

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Michelle Jackson, 5/11

Music: "Truckin" by Tom Dixon Band

Alt. Music: "Feel the Music" by Tiffany

RIGHT HEEL GRIND, COASTER STEP, LEFT HEEL GRIND, COASTER

1-2step right heel fwd & grind right, recover to left

3&4step right back, step left together, step right fwd

5-6step left heel fwd & grind left, recover to right

7&8step left back, step right together, step left fwd (12 o'clock)

BALANCE FWD RIGHT & LEFT HEELS (TOES UP), BACK RIGHT & LEFT, SIDE SHUFFLE, 1/4 TURN SHUFFLE

1-2step fwd on right heel & balance step fwd on left heel & balance (toes point up)

3-4step right back, step left back

5&6step right to side, step left together, step right to side

7&8turn $\frac{1}{4}$ turn left stepping left to side, step right together, step left to side (9oclock)

RIGHT ROCKING CHAIR, RIGHT LINDY

1-2rock right fwd, recover onto left

3-4rock right back, recover onto left

5&6step right to side, step left together, step right to side

7-8rock left back, recover onto right (9 o'clock)

LEFT LINDY, 1/8 PIVOT TURN W/ HIP BUMP, 1/8 PIVOT TURN W/HIP BUMP

1&2step left to side, step right together, step left to side

3-4rock right back, recover onto left

5-6make 1/8 turn left stepping right fwd while pushing right hip fwd, recover left

7-8make 1/8 turn left stepping right fwd while pushing right hip fwd, recover left (6 o'clock)

When using Truckin/Tom Dixon Band, 8th wall, dance 1st 20 counts (rocking chair)

Then do last 4 counts of dance (1/8 pivots) then RESTART =)

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