

RUZGAR'S OLD DANISH

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Hanne Ekknud Pedersen

Music: Floor Filler by The A*Teens

3 X TOUCH TOE, TURN, 3 X TOE TOUCH, TURN

- 1-2 Touch right toe to right side, touch right toe next to left foot
- 3-4 Touch right toe back, turn $\frac{1}{2}$ turn ending with weight on right foot
- 5-6 Touch left toe to left side, touch left toe next to right foot
- 7-8 Touch left toe back, turn $\frac{1}{2}$ turn ending with weight on left foot

2 X STEP, 2 X THROW HEAD TO SIDE, CROSS TURN, 2 X TOUCH, STEP

- 9-10 Step forward on right foot, step forward on left foot
- 11-12 While facing front, tilt head to left, and throw to left side two times
- 13-14 Cross right foot over left foot, and turn $\frac{1}{2}$ turn (weight on right foot)
- 15&16 Touch left toe to left side, touch left toe next to right foot, step left foot to left side

2 X SLIDE SIDE, 4 X QUICK BODY ROLL

- 17-18 Step to right side with right foot, and touch left foot next to right
- 19-20 Step to left side with left foot, and touch right foot next to left
- 21&22 Roll body down from top, roll body up from bottom (weight on right foot)
- 23&24 Roll body down from top, roll body up from bottom (weight on right foot)

STEP TURN, 2 X THROW HEAD TO SIDE, 2 X TOUCH, KNEE BEND, $\frac{1}{4}$ TURN

- 25-26 Step right foot in front and turn $\frac{1}{2}$ turn (weight on left foot)
- 27-28 While facing front, tilt head to left, and throw to left side two times
- 29-30 Touch right toe in front, touch right to right side
- 31-32 Bend down in your knees, turn $\frac{1}{4}$ turn and straighten up (weight on left foot)

2 X BACK STEP SLIDE, 4 X QUICK BODY ROLL

- 33-34 Step back on right foot, slide left foot next to right foot
- 35-36 Step back on right foot, slide left foot next to right foot
- 37-38 Roll body down from top, roll body up from bottom (weight on right foot)

39-40 Roll body down from top, roll body up from bottom (weight on right foot)

3 X TOUCH, TURN, KICK, STEP, HEAD NOD

41-42 Touch left toe to left side, touch right toe to right side

43-44 Touch left toe to left side, turn $\frac{1}{4}$ turn (weight on right foot)

45-46 Kick left foot in front, step down on left foot with weight

47-48 Nod head down, and look straight ahead again

2 X STEP, KNEE BEND, TOUCH, FULL TURN, 2 X TOUCH

49-50 Step forward on right foot, step forward on left foot

51-52 Bend down in your knees and straighten up again (weight on left foot)

53-54 Touch right toe to right side (prep for full turn), turn full turn (weight on right foot)

55-56 Touch left toe to left side, touch left toe next to right foot

STEP, TOUCH, KICKBALL STEP, STEP TURN, KICKBALL CHANGE

57-58 Step back on left foot, touch right toe forward (weight on left foot)

59&60 Kick right foot in front, put weight on right foot, step forward on left foot

61-62 Step forward on right foot, turn $\frac{1}{2}$ turn ending with weight on left foot

63-64 Kick right foot in front, put weight on right foot, step down on left foot

REPEAT

At a time, the music goes a bit down in level, but the beat is still the same, so just continue where you are in the dance