

SUNFLOWERS

LINEDANCE.COM

Count: 40

Wall: 4

Level: intermediate

Choreographer: Gloria Johnson

Music: Land Of The Living by Pam Tillis

TOE-HEEL TOUCHES AND SYNCOPATIONS

- 1-2** Touch right toe beside left instep; touch right heel beside left instep
- 3-4** Touch right toe beside left instep; touch right heel beside left instep
- &5-6** Step right foot in toward center; step left foot in toward center; hold
- &7-8** Step right foot slightly to right; step left foot slightly to left; hold.

HEEL TAPS, $\frac{1}{4}$ TURNING SHUFFLE, $\frac{1}{2}$ TURNING SHUFFLE

- 9-12** Raise and lower both heels four times.
- 13&14** Turning $\frac{1}{4}$ right, step right foot forward; step left together; step right foot forward
- 15&16** Shuffle left, right, left while turning $\frac{1}{2}$ right.

FORWARD AND BACKWARD SCUFFS

- 17-18** Scuff right foot forward; scuff right backward across & in front of left leg
- 19-20** Kick right foot forward; step right beside left
- 21-22** Scuff left foot forward; scuff left backward across & in front of right leg
- 23-24** Kick left foot forward; touch left toe beside right foot.

$\frac{1}{4}$ LEFT TURNING SHUFFLE, ROCK-STEP WITH $\frac{1}{4}$ RIGHT TURN; SHUFFLE, ROCK STEP

- 25&26** Turning $\frac{1}{4}$ left, step left foot forward; step right together; step left foot forward
- 27-28** Rock-step right foot forward; rock back onto left foot turning $\frac{1}{4}$ right
- 29&30** Step right foot forward, step left together; step right foot forward
- 31-32** Rock-step left foot forward; rock back onto right foot.

BACKWARD "CHAIN OF EVENTS," ROCK-STEP

- 33-34** Point left toe to left side; cross-step left foot behind right
- 35-36** Point right toe to right side; cross-step right foot behind left

37-38 Point left toe to left side; cross-step left foot behind right

39-40 Rock-step right foot back; rock forward onto left.

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=41250