

# Strip It Back

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Laura Sway (UK) and Julie Lockton (ES) Sept 2015

**Music:** Strip it Down (Luke Bryan)

**Count in: 16 counts (on vocals)**

**SECTION 1: STEP FORWARD RIGHT, LEFT LOCK STEP, RIGHT ROCK RECOVER, RUN  $\frac{3}{4}$  RIGHT, STEP SWEEP  $\frac{1}{2}$ , BEHIND SIDE CROSS**

- 1-2&3** Step forward on the right, step forward on the left, lock right behind left, step forward on the left
- 4&5&6** Rock forward on the right, recover weight onto left, run  $\frac{3}{4}$  turn to the right stepping right, left, right (09:00)
- 7-8&1** Step forward on the left making a  $\frac{1}{2}$  turn over the right shoulder sweeping right foot from front to back, step right behind left, step left to left side, step right across left

**SECTION 2: SWIVEL FEET & BODY  $\frac{1}{2}$  LEFT,  $1\frac{1}{4}$  TURN RIGHT , ROCK BACK RECOVER, RIGHT COASTER STEP, STEP**

- 2** Swivel both heels and body  $\frac{1}{2}$  turn to the left transferring weight onto the left
- 3&4** Step forward on the right making  $\frac{1}{2}$  turn to right (03:00), Step back on the left making  $\frac{1}{2}$  turn right (09:00), step right to right side making  $\frac{1}{4}$  turn right (12:00)
- 5&6** Rock back on the left, recover onto the right, step left to left side dragging right to left
- 7&8&** Step back on the right, step left to right, step forward on the right, step forward on the left

**RESTART HERE ON WALL 6**

**SECTION 3: WALK FORWARD RIGHT LEFT, ROCK RECOVER, FULL TURN, STEP BACK SWEEP, BEHIND SIDE CROSS, ROCK, RECOVER  $\frac{1}{4}$  LEFT**

- 1-2** Walk forward right, left
- 3&4&** Rock forward on the right, recover onto left, making  $\frac{1}{2}$  turn (06:00) step forward on the right, making  $\frac{1}{2}$  to 12:00 step back on the left
- 5-6&7** Step back on the right sweeping the left from front to back, step left behind right, step right to right side, step left across right
- 8&** Rock right to right side, making a  $\frac{1}{4}$  turn to the left recover weight onto left

## **SECTION 4: RIGHT ROCKING CHAIR, RIGHT LOCK STEP FORWARD, RUMBA BOX BACK, ROCK BACK RECOVER, STEP TURN**

- 1&2&** Rock forward on the right, recover onto left, rock back onto right, recover onto left
- 3&4** Step forward on the right, lock left behind right, step forward on the right
- 5&6** Step left to left side, step right to left, step back on the left
- 7&8&** Rock back on the right, recover onto left, step back on right making  $\frac{1}{2}$  turn left, step forward on the left making  $\frac{1}{2}$  turn left