

# Seasons

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**Count:** 48

**Wall:** 4

**Level:** Beginner / Improver waltz

**Choreographer:** Derek Robinson , UK. June 2016

**Music:** Seasons of Love by Heartbeat. CD: Once in a Lifetime. (105 bpm).

**Music Available from Amazon and Heartbeat Duo web site:**

<http://www.heartbeatduo.com.au/buy-music-online/>

**Start after 12 counts. There is one easy restart on wall 5.**

**Sec 1: RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.**

**1-2-3** Cross right over left, step left to side, step right in place.

**4-5-6** Cross left over right, make  $\frac{1}{4}$  turn left, stepping back on right, step left beside right (9.00)

**Sec 2: RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.**

**1-2-3** Cross right over left, step left to side, step right in place.

**4-5-6** Cross left over right, make  $\frac{1}{4}$  turn left, stepping back on right, step left beside right (6.00)

**Sec 3: WEAVE LEFT, DRAG RIGHT.**

**1-2-3** Cross right over left, step left to left side, cross right behind left.

**4-5-6** Step left a long step to left side, drag right toe up towards left, touch right toe beside left

**(Restart here on wall 5 - you will be facing 6.00)**

**Sec 4: WALTZ 3/4 TURN, WALTZ BACK.**

**1-2-3 $\frac{1}{4}$  turn right stepping forward on right,  $\frac{1}{2}$  turn right stepping back on left, step right beside left (3.00)**

**4-5-6** Step back on left, step right beside left, step left in place

**Sec 5: FORWARD, SWEEP, FORWARD, POINT.**

**1-2-3** Step forward on right, sweep left foot out and forward over two counts

**4-5-6** Step forward on left, point right toe to right side, hold

**Sec 6: BACK, SWEEP, BACK, POINT.**

**1-2-3** Step back on right, sweep left foot out and back over two counts

**4-5-6** Step back on left, point right toe to right side, hold

### **Sec 7: BACK ROCK, SIDE x 2.**

**1-2-3** Cross rock right behind left, recover onto left, step right to right side

**4-5-6** Cross rock left behind right, recover onto right, step left to left side

### **Sec 8: BACK ROCK, SIDE, BEHIND, SIDE, TOGETHER.**

**1-2-3** Cross rock right behind left, recover onto left, step right to right side

**4-5-6** Cross left behind right, step right to right side, step left beside right

### **Begin again**