

# The Grain

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**Count:** 32                      **Wall:** 4                      **Level:** Newcomer Polka

**Choreographer:** Belén Márquez – March 2018

**Music:** Against The Grain by Garth Brooks

## Start dancing on lyrics

### SHUFFLE FORWARD X2, ROCK-RECOVER, COASTER STEP

- 1&2**            Step right forward, step left together, step right forward
- 3&4**            Step left forward, step right together, step left forward
- 5-6**            Rock right forward, recover
- 7&8**            Step right back, step left together, step right forward

### ROCK-RECOVER, CROSS SHUFFLE, ROCK, TURN ¼ LEFT, SHUFFLE FORWARD

- 1-2**            Rock left side, recover
- 3&4**            Cross left over right, step right together, cross left over right
- 4-6**            Rock right side, recover turn ¼ left
- 7&8**            Step right forward, step left together, step right forward

### ROCK-RECOVER, SHUFFLE BACK, ROCKING CHAIR

- 1-2**            Rock left forward, recover
- 3&4**            Step left back, step right together, step left back
- 5-6**            Rock right back, recover
- 7-8**            Rock right forward, recover

### BACK, BACK, COASTER STEP, JAZZBOX

- 1-2**            Step right back, Step left back
- 3&4**            Step right back, step left together, step right forward
- 5-6**            Cross left over right, step right back
- 7-8**            Step left side, Scuff right

## REPEAT

**TAG:** At The end walls 2, 4, 6 & 8

## **STEP TURN X2**

**1-2** Step right forward, Turn  $\frac{1}{2}$  left

**3-4** Step right forward, Turn  $\frac{1}{2}$  left

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=124032](https://www.linedance.com/index.php?f=dance_view&id=124032)