

You're Not Alone

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Anita Lazaroms - January 2018

Music: "You're Not Alone" by Chad Brownlee

#16 counts intro

CROSS ROCK, REC, SIDE SHUFFLE, CROSS ROCK, REC., SIDE SHUFFLE

1 2cross rock R over L (1), recover on L (2)

3 & 4step R to R side (3), step L next to R (&), step R to R side (4)

5 6cross rock L over R (5), recover on R (6)

7 & 8step L to L side (7), step R next to L (&), step L to L side (8) (12:00)

CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS SHUFFLE

1 2cross R over L (1), step L to L side (2)

3 4cross R behind L (3), sweep L from front to back (4)

5 6cross L behind R (5), step R to R side (6)

7 & 8cross L over R (7), step R to R side (&), cross L over R (8) (12:00)

SIDE ROCK, ¼ TURN L, SHUFFLE FWD, PIVOT ½ TURN R, SHUFFLE FWD

1 2rock R to R side (1), recover with ¼ turn L (2) (09:00)

3 & 4step R forward (3), step L next to R (&) step R forward (4)

5 6step L forward (5), ½ turn right (6) (03:00)

7 & 8step L forward (7), step R next to L (&), step L forward (8) (03:00)

ROCKING CHAIR, PIVOT ½ TURN L, PIVOT ¼ TURN L

1 2rock R forward (1), recover on L (2)

3 4rock R back (3), recover on L (4)

5 6step R forward (5), ½ turn L (6) (09:00)

7 8step R forward (7), ¼ turn L (8) 06:00

Tag & Restart on wall 4

Dance to count 14. Replace counts 15&16 with cross L over R (15), touch R next to L (16).

Then Restart the dance from the beginning.

Tag & Restart on wall 9 - Wall 9 six counts

Cross rock R over L (1), recover on L (2), step R to R side (3), drag L to R (2 counts) (4-5), step L next to R (weight on left) (6).

Then Restart the dance from the beginning.

Tag & Restart on wall 10 - Dance to count 16, add Tag.

1-4 Rock R to R side (1), recover with ¼ turn L (2), step R forward (3) ¼ turn L (4).

Then Restart the dance from the beginning.

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