

Shoot U Down

LINEDANCE.COM

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Johanna Barnes (September 2017)

Music: Shoot You Down by Avii (feat. Kenyon Brown)

(Clock notation begins on your start wall as 12:00. Each phrase will carry a new 12:00 start wall, $\frac{1}{4}$ to the left of the previous phrase.)

[1~8]: STEP, KNEE POP, STEP, HITCH, LOCK STEP, STEP, $\frac{1}{2}$ TURN L

1, 2R step forward (1); L tuck instep behind R, popping knee forward (with finger snaps if you like) (2)

3, 4R step forward (3); hitch L knee (4)

5 & 6L step forward (5); R cross step behind L (&); L step forward (6)

7, 8R step forward (7); $\frac{1}{2}$ turn left onto L [6:00] (8)

[9~16]: LOCK STEP-PREP, STEP- $\frac{1}{2}$ TURN R, SIDE-CROSS, HIP ROCK, L-R SWAY

1 & 2R step forward (1); L cross step behind (&); R step forward in open/prep position (2)

e, a 4 while rotating $\frac{1}{2}$ turn right, step back onto L [12:00] (e); R step to right side (ah); L step across R (4)

5 & 6reaching out R heel, push/rock hips forward (5); push/rock hips back (&); push/rock hips forward and weight R (6)

7, 8rock/sway out to L (7); pushing off L, rock onto R (8)

[17~24]: WEAVE, HIP ROLL, STEP-CROSS, TRAVELING FOOT TWISTS

1 & 2L cross step behind R (1); R step to right side (&); L step across R (2)

3 - 4while stepping right onto R, roll hips from left, backward to right, releasing weight from L (3-4)

5, 6L step to left side (5); R step across L (6)

7 & 8L out to left, both heels moving left (7); move both L/R toes left (&); moving left with L/R heels, lift R heel (8)

***Variation option for 3-4: Right C-bump. Depending on verse/chorus, play around in this section with your attitude.**

[25~32]: OPEN STEP BACK (ROLL), SIT/HOLD, BACK L, BACK R, COASTER ¼ CROSS, TRIPLE PUSH R

1, 2R step back (open to right for styling, and/or from a body roll back into it) (1); sink in and hold (2)

3, 4L step back (3); R step back (4)

5 & 6L step back (5); R step back, next to L (&); L step forward, open to left, start making a ¼ left [9:00] (6)

7 & 8R step to right* (7); L step across R* (&); R step to right* (8)

***Hint: As you start your turn at the end of the coaster step, slightly over-rotate, then lead your right side crossing shuffle back with your shoulders.**

This should feel more like an angled 'pushing back' if you prefer, or almost back lock step.

[YOU WILL RESTART HERE AFTER 32 COUNTS OF PHRASE 4 (the 2nd chorus, add on an & count L [12:00])**]**

[33~40]: SIDE STEP, LOW KICK, ROCK BACK-RECOVER, OPEN-STANCE HIP CIRCLES x2 FOR ¼ L TURN

1, 2L step left (squaring up to 9:00) (1); R low kick with a slight rotation right (2)

3, 4R rock back (3); recover onto L (4)

5-6stepping out onto R, roll hips from left, backward in a full circle, while turning 1/8 left, then weight L (5-6)

7-8stepping out onto R, roll hips from left, backward in a full circle, while turning 1/8 left, then weight L [6:00] (7-8)

***Hint: 5-8 are counter-clockwise, circling your hips around as you push off of R to L, finishing ¼ left after both hip rolls.**

[41~48&]: STOP STEP, SWITCH, ½ TURN R, KICK-BALL PLACE FORWARD, ¼ TURN BOOTY BOUNCE

1-2R 'plant' a step forward (split weight) (1); hold (2)

& 3, 4releasing R, bring R next to L (&); L step forward (3); ½ turn right onto R [12:00] (4)

5 & 6L low kick forward (5); L step slightly back, and underneath your hips (&); R step forward* (6)

&7&8&bouncing through the knees, rotate to turn ¼ left (hips back and around) (&7&8); finish with weight on L [9:00] (&)

***Try pushing R heel forward and change weight onto and off of it as you bounce and rotate. Use your booty and hips!**

(BEGIN AGAIN, and most certainly DWYF!)

V3.0

Copyright © Johanna Barnes, please do not alter this step description without written permission from the choreographer.

This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel.

<http://www.youtube.com/user/DanceWhatYouFeel>

Contact: Johanna@dancewhatyoufeel.com ~ www.dancewhatyoufeel.com ~ 203.464.5322

Last Update - 29th Nov. 2017