

The Middle

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Megan Wheeler (April 2018)

Music: "The Middle" by Zedd, Maren Morris & Grey

#4 Count Intro

[1 - 8] STEP, TOUCH, OUT, IN, OUT, 1/4 LEFT SAILOR, KICK, BALL CHANGE

1,21) Step R to right; 2) Touch L next to R

3&43) Touch L out to left side; &) Touch L next to R foot; 4) Touch L out to left side

5&65) Step ball of L behind R; &) Step on R to right; 6) 1/4 turn left stepping L forward

[9:00]

7&87) Kick R forward; &) Step on ball of R; 8) Step L forward

[9 - 16] OUT, OUT, SLIDE, ROCK, 1/4 RIGHT, 1/4 RIGHT CAMEL WALKS X2, HEAD ROLL

&1,2&) Step R out to right side; 1) Step L out to left side; 2) Slide R to L

3,43) Rock R to right; 4) 1/4 turn right recover L [12:00]

5,65) 1/4 right step R forward, pop L knee; 6) 1/4 right step L forward, pop R knee [6:00]

7-87-8) Close R to L, headroll clockwise bringing hands up to head

RESTART ON WALLS 2 & 6

[17 - 24] RIGHT MAMBO, HEEL GRINDS X2, LEFT SAILOR, GRAPEVINE

1&21) Rock R forward; &) Recover L; 2) Step R back

3,43) Step L back swiveling on R heel; 4) Step R back swiveling on L heel

5&65) Step L behind R; &) Step R to right; 6) Step L to left

7&87) Step R behind L; &) Step L to left; 8) Cross R over L

[25 - 32] LEFT SLIDE, DRAG, 1/4 LEFT SLIDE, 1/4 LEFT SLIDE, 1/4 LEFT SLIDE, HOLD, COASTER

1,21) Big step L to left; 2) drag R to L

3,43) 1/4 turn left sliding R to right; 4) 1/4 turn left sliding L to left [12:00]

5,65) 1/4 turn left sliding R to right; 6) Hold [9:00]

7&87) Step ball of L back; &) Step ball of R beside L; 8) Step L forward

*** Check out the walkthrough and demo on my youtube channel:**

[youtube.com/MeganWheelerDance](https://www.youtube.com/MeganWheelerDance) *

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