

Tough

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Gordon Elliott . Sydney. Nsw. Australia. (Aug 2013)

Music: "Tough" by Kellie Pickler. Album: "Tough" Single.

Original Position: Feet Together Weight On The Left Foot.

This dance is done in FOUR directions. Introduction : 16 Beats

COASTER CROSS, SIDE-ROCK-ACROSS. SIDE SHUFFLE 1/4 TURN, QUICK PADDLE-ACROSS

- 1 & 2** Coaster: Step R Back, Step L Together, Step R Across In Front Of Left
- 3 & 4** Step L To The Side, Side Rock Onto R, Step L Across In Front Of Right,
- 5 & 6** Side Shuffle Right Turning 90deg Right Step : R-L-R,
- 7 &** Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,
- 8** Step L Across In Front Of Right.

SIDE SHUFFLE, ACROSS-ROCK-1/4 FORWARD, FULL TRIPLE FORWARD, MAMBO FORWARD

- 1 & 2** Side Shuffle To The Right Step : R-L-R,
- 3 & 4** Step L Across In Front Of Right, Rock Onto R, Turn 90deg Left Step L Forward,
- 5 & 6** Turn 180deg Left Step R Back, Turn 180deg Left Step L Forward, Step R Forward,
- 7&8** Step L Forward, Rock Back Onto R, Step L Together. ##

HEEL & HEEL & FORWARD, ROCK, FULL TRIPLE BACK, COASTER STEP

- 1 &** Touch R Heel Forward, Step R Together,
- 2 &** Touch L Heel Forward, Step L Together,
- 3, 4** Step R Forward, Rock Back Onto L,
- 5 & 6** Travel Back Turning 360deg Right Triple Step : R-L-R,
- 7 & 8** Coaster : Step L Back, Step R Together, Step L Forward.

KICK BALL STEP-OUT-OUT, CLAP & ACROSS, CLAP, 1/2 UNWIND, KICK

- 1 & 2** Kick R Forward, Step R Together, Step L Forward,
- & 3,4** Step R To The Side, Step L To The Side, Hold & Clap,

& 5, 6 Step L To The Centre, Step R Across In Front Of Left, Hold & Clap,

7, 8 Turn 180deg Left Unwind Take Weight Onto L, Kick R Forward.

[32]REPEAT THE DANCE IN NEW DIRECTION

RESTART: On WALL 4 dance to BEAT 16 (##) then RESTART the dance FACING the BACK

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