

Throw Ya Hands Up

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Count: 66

Wall: 2

Level: Phrased Beginner / Intermediate

Choreographer: Alice Lim (Aug 2011)

Music: Throw Ya Hands Up by Stereos

Intro: 34 counts - Sequence : ABTag, A-B, ABTag, Ending

PART A (34 Counts)

Cross Rock Side, Tap Tap $\frac{1}{4}$ turn, Fwd Pivot $\frac{1}{2}$ turn Fwd, Side rock Cross

1&2R cross over L, L recover, R big step to side

3&4 Tap L beside R 2X, Turn $\frac{1}{4}$ L stepping L fwd (9.00)

5&6R fwd, Turn $\frac{1}{2}$ L stepping L fwd, R fwd (3.00)

7&8L rock to side, R recover, L cross over R

Side Rock Cross, $\frac{1}{4}$ turn $\frac{1}{4}$ turn Side, Fwd Hitch Touch Turn, L Mambo Step

1&2R rock to side, L recover, R cross over L,

3&4& Turn $\frac{1}{4}$ R stepping L back, Turn $\frac{1}{4}$ R stepping R to side, L fwd, R hitch (9.00)

5-6L touch out, Turn $\frac{1}{4}$ R stepping R together (12.00)

7&8L rock to side, R recover, L together

Side Cross Side-kick, Sailor $\frac{1}{4}$ turn, Fwd Pivot $\frac{1}{4}$ turn

1&2R to side, L cross over R, small jump R to side kicking L out to L side

3&4 Sweep L behind R, Turn $\frac{1}{4}$ L stepping R to side, L fwd

5-6R fwd, Turn $\frac{1}{4}$ L stepping L fwd (6.00)

Heel Switches & Back Shuffle, Back rock kick & Walk Walk

1&2&R heel fwd, R together, L heel fwd, L together

3&4R back, L together, R back

5&6&L back, R recover, L kick fwd, L together

7-8 Walk R fwd, L fwd

Note :the 2nd A ends here

R Monterey half turn

1-2R touch out, Turn $\frac{1}{2}$ R stepping R together

3-4L touch out, Step L together (12.00)

PART B (32 counts)

Kick & Touch, Kick & Touch, Sailor $\frac{1}{4}$ turn, L Mambo Step

1&2R kick fwd, R together, L touch out (turn body slightly to R side & stretch L hand up)

3&4L kick fwd, L together, R touch out (turn body slightly to L side & stretch R hand up)

5&6R behind L, Turn $\frac{1}{4}$ R stepping L to side , R fwd (3.00)

7&8L to side, R recover, L together

Kick & Touch, Kick & Touch, Sailor $\frac{1}{2}$ R turn, L Shuffle

1&2 Same as 1&2 of above section

3&4 Same as 3&4 of above section

5&6R behind L, Turn $\frac{1}{2}$ R stepping L to side, R fwd (9.00)

7&8L fwd, R together, L fwd

Kick & Touch, Kick & Touch, Sailor $\frac{1}{4}$ R turn, L Mambo Step

1&2 Same as 1&2 of above section

3&4 Same as 3&4 of above section

5&6R behind, Turn $\frac{1}{4}$ R stepping L to side , R fwd (12.00)

7&8L to side, R recover, L together

Kick & Touch, Kick & Touch, Sailor $\frac{1}{2}$ R turn, L Shuffle

1&2 Same as 1&2 of above section

3&4 Same as 3&4 of above section

5&6R behind, Turn ½ R stepping L to side, R fwd (6.00)

7&8L fwd, R together, L fwd

TAG: Add 2 counts tag at end of 1st and 3rd B:

1-2R fwd, Pivot ½ turn L stepping L fwd (12.00)

Ending : After the 2nd tag, do the following 4 counts :

1&2& Run fwd RLR, step L together

3&4 Arms only - (3) Cross arms (R fingers on L shoulder and L fingers on R shoulder), (&) Open arms (R fingers now on R shoulder and L fingers on L shoulder), (4) Extend both hands up