

# TO MY SOUL

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Emma Milling Karlsson & Sarah Hedberg

**Music:** Country Down To My Soul by Lee Roy Parnell

## **RIGHT CHASSE, LEFT TOUCH, HEEL-JACK, RIGHT BACK, ½ REVERSE TURN RIGHT, LEFT KICK-BALL FORWARD**

- 1&2** Step right foot to right side, step left foot beside right, step right foot to right side
- 3&4** Touch left toe beside right foot, step left foot slightly back, touch right heel diagonally forward
- 5-6** Touch right toe back, make ½ turn right on both feet ending up with weight on right foot
- 7&8** Kick left foot forward, step left foot beside right foot, step right foot slightly forward

## **LEFT ROCK STEP FORWARD, ½ TRIPLE TURN LEFT, TOUCH SCOOT STEP ½ TRIPLE TURN LEFT, LEFT COASTER STEP BACK**

- 1-2** Rock forward on left foot, recover onto right foot
- 3&4** Make ¼ turn left stepping left to left side, step right beside left, step left ¼ turn left
- 5&6** Make ¼ turn left touching right toe behind left heel, make ¼ turn left lifting right and scooting back on left, step back on right
- 7&8** Step left foot back, step right foot beside left, step forward on left foot

## **RIGHT KICK, KICK 1/8 TURN, RIGHT SAILOR STEP WITH 1/8 TURN, LEFT SHUFFLE FORWARD, FULL TURN LEFT**

- 1-2** Kick right foot forward, kick right foot forward and make 1/8 turn right on ball of left foot
- 3&4** Sweep right foot behind left foot and make 1/8 turn right and taking weight on right foot, step left to left side, step right foot slightly forward
- 5&6** Step left foot forward, step right foot beside left, step left foot forward
- 7** Make a ½ turn left on ball of left foot, stepping back onto right foot
- 8** Make a ½ turn left on ball of right foot, stepping forward onto left foot

## **RIGHT KICK-BALL FORWARD, FLICK WITH ½ TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT TOUCH, HEEL-JACK**

- 1&2** Kick right foot forward, step right foot beside left, step left foot slightly forward

- 3-4** Touch right heel forward, flick right foot back and make a ½ turn left on ball of left foot
- 5&6** Step right foot forward, step left foot beside right, step right foot forward
- 7&8** Touch left toe beside right foot, step left foot slightly back, touch right heel diagonally forward

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=43451](https://www.linedance.com/index.php?f=dance_view&id=43451)