

THE SHERI SHUFFLE

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Sheri Gay

Music: Same Thing Happened To Me by John Prine

SHUFFLE LEFT & ROCK BACK

1&2 Left foot side, right foot together, left foot side

3-4 Right foot back, left foot replace weight on the spot

SHUFFLE RIGHT & ROCK BACK

5&6 Right foot side, left foot together, right foot side

7-8 Left foot back, right foot replace weight on the spot

FORWARD TOE-HEEL STRUTS

1-2 Left foot tap toe forward, left foot step heel down

3-4 Right foot tap toe forward, right foot step heel down

5-8 Repeat previous steps 1-4

FORWARD & BACK SHUFFLES WITH ROCK STEPS

1-2 Left foot forward, right foot replace weight on the spot

3&4 Left foot back, right foot together, left foot back

5-6 Right foot back, left foot replace weight on the spot

7&8 Right foot forward, left foot together, right foot forward

VINE LEFT WITH ¼ TURN LEFT VINE RIGHT

1-4 Left foot side, right foot cross behind left, left foot side turning body ¼ left, right foot scuff heel together & clap hands

5-8 Right foot side, left foot cross behind right, right foot side, left foot scuff heel together & clap hands

MEXICAN HAT DANCE LEFT THEN RIGHT

1&2& Left foot heel tap forward, left foot together, right foot heel tap forward, right foot together

3-4 Left foot heel tap forward twice

&5 Left foot together, right foot heel tap forward,

&6 Right foot together, left foot heel tap forward

&7-8 Left foot together, right foot heel tap forward twice

JAZZ BOX RIGHT THEN LEFT

1-4 Right foot cross over left, left foot back, right foot side, left foot scuff together

5-8 Left foot cross over right, right foot back, left foot side, right foot scuff together

SIDE SHIMMIES RIGHT THEN LEFT

1-4 Right foot steps side, shimmy shoulders while slowly transferring weight, left foot together & clap on 4th beat

5-8 Repeat previous steps 1-4

1-4 Left foot steps side, shimmy shoulders while slowly transferring weight, right foot together & clap on 4th beat

5-8 Repeat previous steps 1-4

REPEAT

Shoulder shimmies may be substituted for hip rolls or thrusts, body rolls or whatever you can make up. Enjoy!!