

Traidora AB

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Count: 64 **Wall:** 4 **Level:** Phrased Intermediate

Choreographer: Ernie (North Sumatra - Indonesia) July 2016

Music: Traidora By Gente De Zona Ft Marc Anthony

Intro : 32 Counts - Sequence : A, Tag1, B,B,B, A, Tag2, B,B,B, A(16)

Part A: 32 counts

A1: WALK - FORWARD SHUFFLE - ½ R PIVOT- STEP FORWARD - FULL TURN LEFT

- 1 2 Walk Forward In Rf -Lf
3 & 4 Forward Shuffle Rf-Lf-Rf
5 & 6 Step Lf Forward - Turn ½ Right Step On Rf - Step Lf Forward
7 & 8 Turn ½ Left Step Rf Back - Turn ½ Left Step Lf Forward - Step Rf Forward (06.00)

A2: FORWARD & BACK MAMBO - SIDE MAMBO

- 1 & 2 Step Lf Forward - Recover On Rf - Step Lf Back
3 & 4 Step Rf Back - Recover On Lf - Step Rf Forward
5 & 6 Step Lf To Side - Recover On Rf - Step Lf Beside Rf
7 & 8 Step Rf To Side - Recover On Lf - Step Rf Beside Lf (06.00)

A3: BOTAFOGO L & R - TURN ¼ LEFT - COASTER STEP

- 1 a 2** Step Lf Cross Over Rf - Ball Rf To Side - Step Lf In Place
3 a 4 Step Rf Cross Over Lf - Ball Lf To Side - Step Rf In Place
5 & 6 Step Lf Cross Over Rf - Turn ¼ Left Step Rf Back - Step Lf Back
7 & 8 Step Rf Back - Step Lf Beside Rf - Step Rf Forward (09.00)

A4: BOTAFOGO L & R - TURN ¼ LEFT - COASTER STEP

- 1 a 2** Step Lf Cross Over Rf - Ball Rf To Side - Step Lf In Place
3 a 4 Step Rf Cross Over Lf - Ball Lf To Side - Step Rf In Place
5 & 6 Step Lf Cross Over Rf - Turn ¼ Left Step Rf Back - Step Lf Back
7 & 8 Step Rf Back - Step Lf Beside Rf - Step Rf Forward (12.00)

Part B: 32 counts

B1: CROSS & SIDE ROCK - BOTAFOGO 2X

1 & Step Rf Cross Over Lf - Recover On Lf

2 & Step Rf To Side - Recover On Lf

3 a 4 Step Rf Cross Over Lf - Ball Lf To Side - Step Rf In Place

5 & Step Lf Cross Over Rf - Recover On Rf

6 & Step Lf To Side - Recover On Rf

7 a 8 Step Lf Cross Over Rf - Ball Rf To Side - Step Lf In Place (12.00)

B2: ½ SAMBA DIAMOND - SYNCOPATED CROSSES

1 a Step Rf Cross Over Lf - Step Lf To Side

2 a Turn 1/8 Right Step Rf Back - Hitch Lf (01.30)

3 a 4 Step Lf Back - Turn 1/8 Right Step Rf To Side - Turn 1/8 Right Step Rf Forward (04.30)

5 & Turn 1/8 Right Step Rf Cross Over Lf - Step Lf Slightly To Side

6 & Step Rf Cross Over Lf - Step Lf Slightly To Side

7 & 8 Step Rf Cross Over Lf - Step Lf Slightly To Side = Step Rf Cross Over Lf

B3: SIDE ROCK & FORWARD 2X - MAMBO HITCH - COASTER STEP

1 a 2 Step Lf To Side - Recover On Rf - Step Lf Forward

3 a 4 Step Rf To Side - Recover On Lf - Step Rf Forward

5 & Step Lf Forward - Recover On Rf -

6 & Step Lf Back - Hitch Rf

7 & 8 Step Rf Back - Step Lf Beside Rf - Step Rf Forward

B4: BOTAFOGO 2X - ¾ TURN LEFT VOLTA

1 a 2 Step Lf Cross Over Rf - Ball Rf To Side - Step Lf In Place

3 a 4 Step Rf Cross Over Lf - Ball Lf To Side - Step Rf In Place

5 & Step Lf Forward - Turn 1/8 Left Lock Rf Behind Lf

- 6 & Turn 1/8 Step Lf Forward - Turn 1/8 Left Lock Rf Behind Lf
- 7 & Turn 1/8 Step Lf Forward - Turn 1/8 Left Lock Rf Behind Lf
- 8 Turn 1/8 Step Lf Forward

Tag 1 :

- 1 4 Step Lf Forward Raise Hands To Top From Side Of Body
- 5 6 Bring Down Hands Till Shoulder High
- 7 & 8 Roll Shoulders

Tag 2 :

- 1 2 Step Lf Forward Raise Hands Till Shoulders High
- 3 & 4 Roll Shoulders

Enjoy The Dance !!!!!

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Last Update - 25th April 2017