

# Rock or Country

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**Count:** 32

**Wall:** 4

**Level:** Early Beginner

**Choreographer:** Jo Rosenblatt (Feb. 2016)

**Music:** "Too Rock for Country, Too Country for Rock & Roll" by Lonnie Mack. Album: Roadhouses & Dance Halls

## **START: Weight on left, 32 Count Intro, Start on Lyrics**

### **Stomp, Toe Fan, Hold & Clap, Stomp, Toe Fan, Hold & Clap**

- 1 2 Stomp R forward, Fan R toes to right
- 3 4 Return R toes to centre placing weight on R, Hold & Clap
- 5 6 Stomp L forward, Fan L toes to left
- 7 8 Return L toes to centre placing weight on L, Hold & Clap

### **Heel, Together, Heel, Together, Heel, Together, Heel, Together**

- 1 2 Touch R heel to right diagonal, Step R beside left
- 3 4 Touch L heel to left diagonal, Step L beside right
- 5 6 Touch R heel to right diagonal, Step R beside left
- 7 8 Touch L heel to left diagonal, Step L beside right

### **Back Strut, Back Strut, Back Strut, Back Strut**

- 1 2 Step Back on R toe, Step down on R heel clicking fingers to right
- 3 4 Step back on L toe, Step down on L heel clicking fingers to left
- 5 6 Step Back on R toe, Step down on R heel clicking fingers to right
- 7 8 Step back on L toe, Step down on L heel clicking fingers to left

### **Double Hips, Double Hips, Forward, Hold, $\frac{1}{4}$ Turn, Hold**

- 1 2 Step R forward on right diagonal and push hips forward twice
- 3 4 Step L back on left diagonal and push hips back twice
- 5-8 Step R forward, Hold, Turning  $\frac{1}{4}$  turn left step L to left, Hold

## **START DANCE AGAIN**

### **FINISH At the end of Wall 11:**

**Repeat the last 8 counts of the dance then Stomp R to the right to finish the dance at the front wall.**

**Free to be copied provided no changes are made to the original choreography.**

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