

RESTLESS

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Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: The Lady In Black & Jennifer Pasley-Smith

Music: Restless by Shelby Lynne

CHASSE RIGHT/ROCKS FORWARD & BACK WITH HIP SWING

- 1&2** Step right, step left next to right, step right
- 3-4** Rock left behind left, recover weight on right
- 5-6** Rock left forward swinging left hip out, recover weight back on right
- 7-8** Rock left behind right, recover weight on right

BOOGIE WALKS TURNING ½ TURN RIGHT/KICK BALL CHANGE/STOMP/KICK/CLAP

- 1-2-** Step left forward swiveling left on balls of feet, step right forward ¼ right swiveling on balls of feet
- 3-4** Step left forward swiveling left on balls of feet, step right forward ¼ right swiveling on balls of feet
- 5&6** Kick left forward, step left next to right, step right in place
- 7-8** Stomp left to left, kick right diagonally right & clap hands

Alternative for boogie walks (counts 1-4)

- 1-4** Two paddle turns ¼ turning right

RIGHT SAILOR/¼ LEFT SAILOR/KICK/KICK/BEHIND SIDE CROSS

- 1&2** Cross right behind left, step left to left, step right in place
- 3&4** Cross left behind right ¼ left, step right to right, step left in place
- 5-6** Kick right foot diagonally right, kick right foot diagonally right
- 7&8** Cross right behind left, step left to left, cross right in front of left

STEP/HOLD/¼ TURN RIGHT/HOLD/HEEL SWITCHES ¼ TURNING RIGHT

- 1-2** Step left to left (spread hands out to left), hold
- 3-4** Step forward right ¼ turn right, hold
- 5&6** Left heel forward, step left in place, right heel forward
- &7&8** Step right ¼ turn right, left heel forward, step left in place, touch right next to left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=35861