

# WALK OF LIFE

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**Count:** 64

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Mark Simpkin

**Music:** Walk Of Life by Dire Straits

## VINE RIGHT, VINE LEFT

- 1-4** Step right to right side, step left behind right, step right to right side, touch left beside right, (vine right)
- 5-8** Step left to left side, step right behind left, step left to left side, touch right beside left, (vine left)

## CHICKEN WALK

- 1-4** Step right forward (twisting 45 degrees right), hold, step left forward (twisting 45 degrees left)
- 5-8** Walk forward right, left, right, together left (the walk is done in a twisting motion)

## TWIST KICKS

- 1-3** Twisting heels right, left, right (kicking left foot at 45 degrees)
- 4-6** Twisting heels left, right, left (kicking right foot at 45 degrees)
- 7-8** Step/rock back right, replace weight on left

## RIGHT SIDE MAMBO, LEFT SIDE MAMBO

- 1-4** Step/rock right to right side, replace weight on left, step right beside left, hold (mambo)
- 5-8** Step/rock left to left side, replace weight on right, step right beside right, hold (mambo)

**Restart on 6th wall**

## FORWARD RIGHT COASTER, BACK LEFT COASTER

- 1-4** Step right forward, step left together, step left back, hold (forward right coaster)
- 5-8** Step left back, step right together, step left forward, hold (back left coaster)

## STEP, TURN, STEP, CLAP, STEP, TURN, STEP, CLAP

- 1-4** Step right forward, pivot half turn left (weight on left), step forward right, clap
- 5-8** Step left forward, pivot half turn right (weight on right), step forward left, clap

### **STEP, SCUFF, TURN, TOUCH, STEP, LOCK, STEP, HOLD**

**1-4** Step right forward, scuff left, pivot half turn right (weight on right), touch left toe back

**5-8** Step left forward, lock right behind left, step left forward, hold

### **RIGHT TOE, HEEL, STEP, HOLD, LEFT TOE, HEEL, STEP, HOLD**

**1-4** Touch right toe to right side (slightly back), touch right heel to right side, step right in front of left, hold

**5-8** Touch left toe to left side (slightly back), touch left heel to left side, step left in front of right, hold

### **REPEAT**

### **RESTART**

**During the 6th wall, dance the 1st 32 counts, and start again**

**Choreographed for my good friends Karl and James Madden**