

Up & Away

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Count: 48 **Wall:** 4 **Level:** Intermediate - Polka

Choreographer: Ronald "RONNIE" Grabs (Jan 2013)

Music: Reisefieber by Fair Play

Note: Start with the lyrics: "Die Wolken tragen ...".

SHUFFLE FORWARD / KICK-BALL-STEP / FORWARD ROCK STEP / COASTER STEP

1&2step forward on right, step left together, step forward on right,

3&4kick left forward, step left slightly back, step forward on right,

5,6rock left forward, recover on right,

7&8step left back, step right together, step forward on left,

TRIPLE 1/2 TURN L / COASTER STEP / TOE STRUTS FORWARD

1&2turn 1/4 left and step right to side, step left together, turn 1/4 left and step back on right,

3&4step left back, step right together, step forward on left,

5,6touch right toe forward, lower right heel and weight on it,

7,8touch left toe forward, lower left heel and weight on it,

SHUFFLE FORWARD / KICK-BALL-STEP / FORWARD ROCK STEP / COASTER STEP

1&2step forward on right, step left together, step forward on right,

3&4kick left forward, step left slightly back, step forward on right,

5,6rock left forward, recover on right,

7&8step left back, step right together, step forward on left,

TRIPLE 1/2 TURN L / COASTER STEP / TOE STRUTS FORWARD

1&2turn 1/4 left and step right to side, step left together, turn 1/4 left and step back on right,

3&4step left back, step right together, step forward on left,

5,6touch right toe forward, lower right heel and weight on it,

7,8touch left toe forward, lower left heel and weight on it,

1/4 TURN L TRIPLE / BACK ROCK STEP / SIDE SHUFFLE / 1/2 TURN R / SIDE SHUFFLE

1&2turn 1/4 left and step right to side, step left together, step right to side,

3,4rock left behind right, recover on right,

5&6step left to left side, step right together, step left to left side,

&turn 1/2 right on ball of left,

7&8step right to side, step left together, step right to side,

CROSS ROCK STEP / SIDE SHUFFLE / BACK ROCK STEP / STEP 1/2 PIVOT L

1,2cross rock left in front of right, recover on right,

3&4step left to left side, step right together, step left to left side,

5,6rock right behind left, recover on left,

7,8step forward on right, pivot 1/2 left and step forward on left,

REPEAT

TAG: After the 5th wall, the music will be lower: don't Stop!

With face 9 o'clock do the follow 8 counts and start from the top.

FORWARD SHUFFLE / FORWARD ROCK STEP / FORWARD SHUFFLE / BACK ROCK STEP

1&2step forward on right, step left together, step forward on right,

3,4rock left forward, recover on right,

5&6step left back, step right together, step left back,

7,8rock back on right, recover on left,