

SEVEN YEAR HEART ACHE

LINEDANCE.COM

Count: 40

Wall: 2

Level: beginner/intermediate

Choreographer: Glynn Holt

Music: Seven Year Ache by Trisha Yearwood

RIGHT VINE, LEFT VINE

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, step left next to right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, step right next to left

SIDE TOUCH, SIDE TOUCH, FORWARD TOUCH, BACK TOUCH

- 1-2 Step right to right side, touch left next to right
- 3-4 Step left to left side, touch right next to left
- 5-6 Step forward on right, touch left next to right
- 7-8 Step back on left, touch right next to left

WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE FORWARD, ROCK FORWARD BACK, BACK SHUFFLE

- 1-2 Walk forward right, walk forward left
- 3&4 Shuffle forward on right left right
- 5-6 Rock forward on left, recover on right
- 7&8 Shuffle back on left right left

ROCK RECOVER, KICK BALL CHANGE, SIDE ROCK, BEHIND AND IN FRONT

- 1-2 Rock back onto right, recover on left
- 3&4 Kick forward right, step right beside left, step left in place
- 5-6 Rock right to right side, recover on left
- 7&8 Step left to left side, right behind left and in front of left

SIDE ROCK, SAILOR $\frac{1}{4}$ TURN LEFT, STEP FORWARD $\frac{1}{2}$ TURN, WALK FORWARD TWICE

- 1-2 Rock left to left side, recover on right
- 3&4 Sailor step making $\frac{1}{4}$ turn left, stepping behind side turn

5-6 Step forward on right, pivot ½ turn over left shoulder

7-8 Walk forward right, walk forward left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37664