

# SUGAR N' SPICE

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Adrian Churm & Ed Lawton

**Music:** Sugar by Sammy Kershaw & Lorrie Morgan

## **SIDE STEP, CROSS ROCK, STEP ¼ TURN, PIVOT ½ TURN, ½ TURN SHUFFLE**

- 1-4** Step right foot to the right side, step left foot forward and across right, replace weight back onto right, make a ¼ turn left and step left foot forward
- 5-6** Step right foot forward, make a ½ turn left
- 7&8** Continue turn a further ½ to the left as you shuffle right, left, right

## **ROCK, LARGE STEP FORWARD, SLIDE RIGHT TO LEFT, KICK STEP TOUCH, LOOK RIGHT & CLICK**

- 9-12** Step left foot back, rock forward onto right, large step forward with left, draw right up to left without weight
- 13&14** Kick right foot forward, small step back right, touch left toe forward knee bent
- 15-16** Turn body slightly right as you look right and click right fingers to right, turn back to center and click fingers again (weight now on left foot)

## **TWO WALKS FORWARD, LOCK STEP FORWARD, SYNCOPATED ½ TURN, ½ TURN SWEEP**

- 17-18** Walk forward right, left
- 19&20** Step right foot forward, cross left foot behind right, step right foot forward
- 21&22** Step left foot forward, make a ½ turn to the right, step left foot forward
- 23-24** Make a ½ turn left as you sweep the right foot around, touch right next to left

## **ROCK, SHUFFLES BACK, ROCK STEP STOMP, RHYTHM BREAK SAILOR STEPS MOVING FORWARD**

- 25-26** Step right foot forward, rock back onto left
- 27&28** Step right foot back, close left foot towards, right, step left foot back
- 29&30** Step left foot back, close right towards left, step left foot back
- 31-32** Step right foot back, rock forward onto left
- 33** Stomp right foot diagonally forward to right

- 34&35** Step left behind right, step right foot to the right, step left foot diagonally forward (small step)
- 36&37** Step right behind left, step left foot to the left side, step right diagonally forward (small step)

**ROCK, ½ TURN, ½ TURN SHUFFLE, COASTER STEP, SLOW CROSS UNWIND**

- 38-39** Step left foot forward, rock back onto right
- 40** Make a ½ turn to the left stepping onto the left foot (bringing you back on beat)
- 41&42** Make a further ½ turn to the left as you shuffle, right, left, right
- 43&44** Step left foot back, close right foot next to left, step left foot forward
- 45-48** Start to make a full turn on the spot to the left as right foot crosses over left, unwind slowly over three counts completing the turn (weight ending on the left) foot

**REPEAT**