

Rock Me Slowly

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Lesley Stewart (Scotland March 2018)

Music: Cryin' For Nothing by Gary Allan. cd: Smoke Rings In The Dark

Intro: 16 count intro start on vocals

Tags: There is 2 wee tags to this wee dance, they are very easy.

**ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, ½
TURN SHUFFLE**

1-2 Rock forward on right, recover on left

3-4 Rock back on right (looking over your right shoulder), recover on left

5-6 Rock forward on right, recover on left

7&8½ turn right stepping forward on right, step left next to right, step forward on right

**ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, ½
TURN SHUFFLE**

1-2 Rock forward on left, recover on right

3-4 Rock back on left (looking over your left shoulder), recover on right

5-6 Rock forward on left, recover on right

7&8½ turn left stepping forward on left, step right next to left, step forward on left

ROCK FORWARD, RECOVER, RIGHT LOCK BACK, ROCK BACK, RECOVER, STEP ¼ TURN

1-2 Rock forward on right, recover on left

3&4 Step back on right, lock step left over right, step back on right

5-6 Rock back on left, recover on right

7-8 Step forward on left, ¼ turn right

ROCK FORWARD, RECOVER, ½ TURN SHUFFLE X 2, COASTER STEP

1-2 Rock forward on left, recover on right

3&4½ turn left stepping forward on left, step right next to left, step forward on left

5&6½ turn left stepping back on right, step left next to right, step back on right

7&8 Step back on left, step right next to left, step forward on left

Tag 1, At the end of wall 1, 4 & 7 Sway L R, L, R,

Tag 2, At the end of wall 3, Step ½ turn left x2, Sway R, L, R, L

Start Again.....Happy Dancing.....

Last Update - 21st March 2018