

Swing Time

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Count: 48

Wall: 2

Level: Beginner / Intermediate

Choreographer: Niels Poulsen , DK (Mar 10)

Music: It's Chitlin' Time by Dancelife (CD: Or Dancelife, Rock This Town)

Intro: Dancelife track: 32 counts from first beat in music.

Alt Music: It's chitlin' time by The Kentucky Headhunters. On albums: Electric Barnyard OR The best of the Kentucky Headhunters

Intro: Kentucky track: 32 counts from first beat in music (app. 20 seconds into track)

(1-8) L Cross Kick, L Side Kick, L Sailor Step, R Cross Shuffle, L Side Rock $\frac{1}{4}$ R

- 1-2** Cross kick L slightly over R (1), kick L to L side (2) [12:00]
- 3&4** Cross L behind R (3), step R a small step to R side (&), step L to L side (4) [12:00]
- 5&6** Cross R over L (5), step L to L side (&), cross R over L (6) [12:00]
- 7-8** Rock L to L side (7), recover on R turning $\frac{1}{4}$ R (8) [3:00]

(9-16) L Diagonal Shuffle, R Diagonal Shuffle, Step $\frac{1}{4}$ R, L Cross, R Point

- 1&2** Step L a small step fw (1), close R to L (&), step fw on L (2) - towards 1:30 [1:30]
- 3&4** Step R a small step fw (3), close L to R (&), step fw on R (4) - towards 4:30 [4:30]
- 5-6** Step L fw towards [3:00] (5), turn $\frac{1}{4}$ R stepping onto R (6) [6:00]
- 7-8** Cross L over R (7), point R to R side (8) [6:00]

(17-24) Touch R, R Diagonal Kick, Touch R, High R Diagonal Kick, R Cross, L Point, Step $\frac{1}{2}$ R

- 1-2** Touch R behind L (1), kick R to R diagonal (2) [6:00]
- 3-4** Touch R behind L (3), kick R to R diagonal (and higher than before!) (4) [6:00]
- 5-6** Cross R over L (5), point L to L side (6) [6:00]
- 7-8** Step fw on L (7), turn $\frac{1}{2}$ R stepping onto R (8) [12:00]

(25-32) L Ball Place, Hold, R Heel Bounces X2, L Toe Strut, R Toe Strut

- &1-2** Bring L next to R (&), place R fw (weight is still on L foot) (1), Hold (2) [12:00]
- &3&4** Lift R heel off the floor (&) step down on R heel (3), lift R heel off the floor (&) step down on R heel (4) - weight on R foot! [12:00]

5-6 Touch ball of L foot fw (5), lower L heel (6) [12:00]

7-8 Touch ball of R foot fw (7), lower R heel (8)

(33-40) L Point Fw, Side L, R Point Fw, Side R, L Jazz Box, R Cross

1-2 Point L fw (1), step L to L side (2) [12:00]

3-4 Point R fw (3), step R to R side (4) [12:00]

5-6 Cross L over R (5), step back on R (6) [12:00]

7-8 Step L to L side (7), cross R over L (8) [12:00]

(41-48) L Chasse, R Back Rock, Step ½ L, R Kick Ball Kick

1&2 Step L to L side, (1), step R next to L (&), step L to L side (2) [12:00]

3-4 Rock back on R (3), recover on L foot (4) [12:00]

5-6 Step fw on R (5), turn ½ L stepping onto L (6) [6:00]

7&8 kick R fw (7), step R next to L (&), kick L to L side (8) [6:00]

Begin Again

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