

Red Is The Rose

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Count: 32

Wall: 1

Level: Ultra Beginner

Choreographer: Russell Breslauer (San Francisco, CA , USA March 2013)

Music: Red is the Rose by many artists (my preference is the version of Nanci Griffiths with the Chieftains)

SIDE TOGETHER LIFTS (RIGHT AND LEFT)

1-4 Step right to side, left next to right, right to side, lift left (behind right calf),

5-8 Step left to side, right next to left, left to side, lift right (behind left calf)

SIDE TOGETHER LIFTS (RIGHT AND LEFT)

1-4 Step right to side, left next to right, right to side, lift left (behind right calf),

5-8 Step left to side, right next to left, left to side, lift right (behind left calf)

FORWARD

1-4 Step forward right, left together, right, lift left forward

5-8 Step forward left, right together, left, lift right (behind left calf)

BACK

1-4 Step back right, left together, right, lift left backward

5-8 Step back left, right together, left, lift right (behind left calf)

REPEAT

There is a Restart after the instrumental 16 steps, but the dance can be done without a Restart.

Contact: BreslauerDanceSF@yahoo.com