

# SLAVE TO THE HABIT

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Christopher D. Westrick

**Music:** Slave To The Habit by Shane Minor

## RIGHT SHUFFLE, SYNCOPATED CROSS, ROCK STEP, TURN

- 1&2** Step right foot to right, bring left up behind, step right foot to right
- 3&4** Step left foot behind the right, step right next to left, cross left over right
- 5-6** Step right foot to the right, shift weight back onto the left
- 7-8** On left foot turn  $\frac{1}{2}$  to the left, bring left foot together put weight on it

## RIGHT SHUFFLE, SYNCOPATED CROSS, ROCK STEP, TURN

- 9-16** Repeat steps 1-8

## SHUFFLES FORWARD, ROCK STEP, SHUFFLE TURN

- 17&18** Step right foot forward, bring left up behind, step right foot forward
- 19&20** Step left foot forward, bring right up behind, step left foot forward
- 21-22** Step forward on right foot, shift weight back onto the left
- 23&24** Step right, left, right as you turn  $\frac{1}{2}$  back to your right

## SHUFFLES FORWARD, ROCK STEP, SHUFFLE TURN

- 25&26** Step left foot forward, bring right up behind, step left foot forward
- 27&28** Step right foot forward, bring left up behind, step right foot forward
- 29-30** Step forward on left foot, shift weight back onto the right
- 31&32** Step left, right, left as you turn  $\frac{1}{2}$  back to your left

## STEP TURN, HIP ROLLS

- 33-34** Step right foot forward, turn  $\frac{1}{4}$  to left
- 35-36** Roll hips from left to right
- 37-40** Repeat steps 33-36

## HOPS

- 41-42** Hop forward to right, hop to left

- 43&44** Hop 3 times to the right, turn  $\frac{1}{4}$  back to the left as you hop(all hops move the same direction)
- 45-46** Repeat 41-42
- 47&48** Hop and spread feet apart, hop and cross feet, hop and spread feet apart

**REPEAT**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=38836](https://www.linedance.com/index.php?f=dance_view&id=38836)