

Reflection

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Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Alison Johnstone (Nuline dance) Jan 2013

Music: Da Roots (ITG or Folk Mix) by Mind Reflection: Da Roots (In the Groove) iTunes

Start: After 32 counts on stronger beat 15 seconds into track

Featured In Linedancer Magazine's FIRST IN LINE

(1-8) Walk, Walk, Kick Ball Change, Pivot $\frac{1}{4}$ over Left, Stomp, Stomp (9.00)

- 1, 2 Walk forward Right, Walk forward Left,
3&4 Kick Right, Step on Right (&), Step on Left (Kick Ball Change)
5, 6 Step Right forward, Pivot $\frac{1}{4}$ over Left,
7, 8 Stomp Right next to Left, Stomp Left in Place

(9-16) Rock Forward, Recover, Coaster Step, Pivot $\frac{1}{2}$ Over Right, Shuffle Forward (3.00)

- 1, 2 Rock forward on Right, Recover on Left
3&4 Step Back Right, Step Left back next to Right, Step Forward Right (Coaster Step)
5, 6 Step Left Forward, Pivot $\frac{1}{2}$ over Right
7&8 Step forward Left, Step Right into Left, Step forward left (Shuffle)

(17-24) Long Step Right, Drag Left in, Step, Small Side Step, Step in, Small Side Step, Cross Rock, Recover, $\frac{1}{4}$ Left turn Shuffle (12.00)

1, 2LONG step to Right, Drag Left in ** Optional "Michael Flatley" arms up shoulder height Left**

- &3&4 Step on Left (&), Small step Right (3), Step Left beside Right (&), Small step Right (4)
5, 6 Cross Rock Left over Right, Recover Right

7&8 $\frac{1}{4}$ Turn over Left Step forward Left, Step Right into Left, Step forward left (1/4 turn Shuffle)

(25-32) Heel Ball Cross, Heel Ball Cross, Scuff, Hitch, Cross & Cross & Cross (12.00)

- 1&2 Dig Right heel to 1 o'clock, Step on Right, Cross Left over Right (Heel Ball Cross)

- 3&4** Dig Right heel to 1 o'clock, Step on Right, Cross Left over Right (Heel Ball Cross)
- 5&6** Scuff Right (5), Hitch changing direction to face 11 o'clock (&), Cross Right over Left (6),
- &7&8** Step side Left (&), Cross Right over left (7), Step side Left (&), Cross Right over left (8)

(33-40) Side Rock, Recover, Behind Side Cross, switches Toe & Toe & Heel & Toe Back (12.00)

- 1, 2** Rock Left to side, Recover on Right,
- 3&4** Cross Left behind Right, Step Right Side, Cross Left over Right
- 5&6&** Right Toe to Side (5), Step Right Center (&), Left Toe to Side (6), Step Left Center (&)
- 7&8** Right Heel Forward (7), Step Right Center (&), Touch Left Toe Back (8)

Dance finishes here facing wall 6 simply turn over Left shoulder and take weight on the Left

(41-48) & Stomp Hold, & Stomp, Hold, & Paddle ¼ Left, Paddle ¼ Left (6.00)

- &1, 2** Step Left beside Right (&), Stomp Right Forward (1), Hold (2)
- &3, 4** Step Left beside Right (&), Stomp Right Forward (3), Hold (4)
- &5, 6** Step Left Beside right (&), Touch Right forward, ¼ Turn over Left (Paddle Turn)
- 7, 8** Touch Right forward, ¼ Turn over Left (Paddle Turn)

(49-56) Cross Rock, Recover, Side Chasse, Cross Rock, Recover, Side Chasse

- 1, 2** Rock Right in front of Left, Recover Left
- 3&4** Step Right to side, Step Left beside Right(&), Step Right to Side (Chasse)
- 5, 6** Rock Left in front of Right, Recover Right
- 7&8** Step Left to side, Step Right beside Left(&), Step Left to Side (Chasse)

(57-64) Kick Ball Step, Kick Ball Step, Pivot ½ over Left x 2

- 1&2** Kick Right forward, Step Right beside Left (&), Small step forward Left
- 3&4** Kick Right forward, Step Right beside Left (&), Small step forward Left
- 5, 6** Step Right forward, Pivot ½ over Left
- 7, 8** Step Right forward, Pivot ½ over Left

START AGAIN

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