

# Unsteady

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Larry Schmidt (Sept 2017)

**Music:** "Unsteady" by X Ambassadors

**INTRODUCTION: Start immediately on 1st beat of music.**

**Description of 1st 32 cts. of intro. given for every ½ beat.**

**Last 8 cts of intro. are slow- step on the heavy beats.**

**Wt. on Right. No Tags or Restarts**

**i[1-8] TRIPLE FORWARD, ¼ SWEEP, CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, HOLD, SIDE ROCK, ¼ PIVOT, STEP, HOLD**

- 1&2&** Triple forward L-R-L, Sweep right toes left making ¼ turn, (9:00)
- 3&4&** Step right across left, Step left foot left, Step right behind left, Sweep left toes behind right,
- 5&6&** Step left behind right, Step right foot right, Step left across right, Hold,
- 7&8&** Rock right onto right, Recover weight to left making ¼ turn left, Step right forward, Hold.(6:00)

**i[9-16] TRIPLE FORWARD, HOLD, ROCK, RECOVER, ½ TURN, HOLD, FULL TURN TRIPLE, HOLD, ROCK, RECOVER, SIDE**

- 1&2&** Triple forward L-R-L, Hold,
- 3&4&** Rock forward onto right, Recover weight to left, Turn ½ right onto right, Hold, (12:00)
- 5&6&** Triple forward making a full right turn L-R-L, Hold (12:00)
- 7&8** Rock forward onto right, Recover weight to left, Step right foot right.

**i[17-32] REPEAT COUNTS 1-16 adding a final & count**

**Dance thru count 15& (Rock forward onto right, Recover weight to left) then do:**

- 8&** Step right foot right (16), Hold (&)

**i[33-40] CROSS, POINT, CROSS, POINT, POINT, POINT, POINT, STEP**

- 1, 2** Step left across right, Point right toes to right diagonal,
- 3, 4** Step right across left, Point left toes to left diagonal,

- 5, 6 Point left toes across right, Step left foot left,  
7, 8 Point right toes across left, Step right foot right.

**( The music changes for these 8 counts. It's much slower. The steps and points occur on the heavy beats of the music)**

**MAIN DANCE (Wt. on right)**

**[1-8] ROCK, RECOVER, SYNCOPATED WEAVE LEFT, ROCK, RECOVER, SYNCOPATED WEAVE RIGHT w/  $\frac{1}{4}$  TURN**

- 1, 2 Rock forward onto left foot, Recover weight to right,  
&3&4& Step left foot left, Step right across left, Step left foot left, Step right behind left, Step left foot left,  
5, 6 Rock right foot across left, Recover weight to left,  
&7&8& Step right foot right, Step left across right, Step right foot right, Step left behind right, Turn  $\frac{1}{4}$  right stepping forward onto right. (3:00)

**[9-16] STEP,  $\frac{1}{2}$  PIVOT, PADDLE  $\frac{1}{2}$  TURN, BACK, CROSS, BACK, CROSS, BACK, BACK, CROSS, BACK, TOUCH**

- 1, 2 Step left foot forward, Pivot  $\frac{1}{2}$  right onto right, (9:00)  
3&4& Rock left onto left, Recover weight to right while making  $\frac{1}{4}$  turn right, Turn  $\frac{1}{4}$  right stepping back onto left, Step right foot back. (3:00)

**(For counts 3&4 can substitute a  $\frac{1}{2}$  turning triple)**

- 5&6& Step left across right, Step right foot back, Step left across right, Step right foot back,  
7&8& Step left foot back, Step right across left, Step left foot back, Touch right toes next to left.

**[17-24] STEP, TOUCH w/  $\frac{1}{4}$  TURN, STEP w/  $\frac{1}{4}$  TURN,  $\frac{1}{2}$  TURN,  $\frac{1}{2}$  TURN, STEP, STEP,  $\frac{1}{4}$  TURN,  $\frac{1}{4}$  TURN, SIDE, BEHIND SIDE, CROSS**

- 1, 2 Step right foot forward, Turn  $\frac{1}{4}$  right touching left toes left, (prepping for left turn) (6:00)  
3&4& Turn  $\frac{1}{4}$  left onto left, Turn  $\frac{1}{2}$  left stepping back onto right, Turn  $\frac{1}{2}$  left stepping forward onto left, Step right foot forward, (3:00)  
5&6& Step left foot across right toward right diagonal, turn  $\frac{1}{4}$  left stepping back onto right, Turn  $\frac{1}{4}$  left stepping forward onto left, Step right foot right, (9:00)

**(For counts 5&6&, don't make this a tight circle, think of going around about a 4 foot circle)**

**7&8** Step left behind right, Step right foot right, Step left foot across right.

**[25-32] SIDE ROCK, ¼ PIVOT, STEP, ¼ PIVOT, CROSS, SIDE, CROSS, SIDE, ROCK, RECOVER, SIDE, ROCK, RECOVER, SIDE, SWAY LEFT, SWAY RIGHT**

**1&2&** Rock right onto right, Turn ¼ left onto left, Step right foot forward, Pivot ¼ left onto left, (3:00)

**3&4&** Step right across left, Step left foot left, Step right across left, Step left foot left,

**5&6&7** Rock right behind left, Recover weight to left, Step right foot right, Rock left behind right, Recover weight to right,

**&8** Step left foot left swaying hips left, Sway right hips right.

**ENDING: The last repetition of the dance starts facing 12:00. Dance thru count 15, you will now be facing 3:00.**

**On count 16 turn to face 12:00 taking a long step left.**

**ENJOY !**

**Larry Schmidt : 316-262-6450 - 1108 W 13th Wichita, Kansas, 67203, USA,**

**Contact: lschmidt3@cox.net**