

# Stand

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Janie Pitser (March 2013)

**Music:** Stand - Cassadee Pope (The Voice Performance) iTunes

## **Intro: 16 counts**

### **SIDE LEFT, ROCK BACK RECOVER, RIGHT SHUFFLE 1/4 RIGHT, CROSS LEFT OVER RIGHT, BACK LOCK STEP**

- 1**            Step left side
- 2-3**        Rock right back, recover to left
- 4&5**        Shuffle 1/4 to the right, stepping right-left-right
- 6-7**        Cross left over right, step back on right
- 8&1**        Lock step back, left-right-left

### **BACK ROCK RECOVER, SHUFFLE 1/2 LEFT, WALK, WALK, LEFT COASTER STEP**

- 2-3**        Rock right back, recover to left
- 4&5**        Shuffle 1/2 to the left, stepping right-left-right
- 6-7**        Walk back left-right
- 8&1**        Left steps back, right together, left forward

### **PIVOT 1/4 TO LEFT, RIGHT SAILOR STEP, SWAY, SWAY, LEFT SIDE SHUFFLE**

- 2-3**        Turn 1/4 left, stepping right-left
- 4&5**        Cross right behind left, step left to left side, step right to right side
- 6-7**        Sway left, sway right
- 8&1**        Left side shuffle, stepping left-right-left

### **CROSS RIGHT OVER LEFT, TURN 1/4 RIGHT, RIGHT LOCK STEP BACK, BACK ROCK RECOVER, LEFT SIDE SHUFFLE**

- 2-3**        Cross right over left, turn 1/4 right stepping back on left
- 4&5**        Lock step back, right-left-right
- 6-7**        Rock left back, recover right
- 8&1**        Left side shuffle, stepping left-right-left

**Repeat**

**Restart: During the 3rd wall, restart the dance after 16 counts.**

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