

THE SHAKE

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Gail Smith

Music: The Shake by Neal McCoy

When done to "The Shake", you will repeat steps 1-8 on completion of the 4th, 8th & 12th times through the pattern.

SHIMMY SHAKES LEFT, SHIMMY SHAKES RIGHT

- 1-2** Left step to side as you shimmy and shake shoulders (or anything else you like)
- 3-4** Right step next to left foot, hold position & clap
- 5-6** Right step to side as you shimmy and shake shoulders (or anything else you like)
- 7-8** Left step next to right foot, hold position & clap

KICK-BALL-CHANGE, STEP, PIVOT 1 / 2, KICK-BALL-CHANGE, STOMP, STOMP

- 9&10** Right kick forward, on ball of foot-right step next to left foot, left step in place
- 11-12** Right toe step forward, pivot 1 / 2 turn to the left
- 13&14** Right kick forward, on ball of foot-right step next to left foot, left step in place
- 15-16** Right stomp in place, left stomp in place

FORWARD SHUFFLES WITH SHIMMY SHAKES (WITH FINGER SNAPS ON 18 AND 20), WIGGLE DOWN, WIGGLE UP

- 17&18** Shuffle forward right, left, right at the same time shimmy and shake shoulders (or anything else you like)
- 19&20** Shuffle forward left, right, left at the same time shimmy and shake shoulders (or anything else you like)
- &21&22** Right step next to left foot and bend your knees as you wiggle down
- &23&24** Straighten your legs as you wiggle up

SIDE TOUCHES AND KNEE LIFTS WITH ¼ TURNS (TOTAL OF ¾)

- 25-26** On ball of left foot-pivot ¼ turn left and right toe touch out to side, bring right knee up and crossed in front of left leg
- 27-28** On ball of left foot-pivot ¼ turn left and right toe touch out to side, bring right knee up and crossed in front of left leg

29-30 On ball of left foot-pivot $\frac{1}{4}$ turn left and right toe touch out to side, bring right knee up and crossed in front of left leg

31-32 Right step next to left foot, hold position (weight on right foot)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37876