

# The Long Way Home

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Beginner / Improver

**Choreographer:** Mike Stringer (Nuline UK - May 2014)

**Music:** The Long Way Home by Derek Ryan

## 16 Count Intro (begin on vocals)

### #1: SIDE SHUFFLE, BACK ROCK, HIP ROLL X2

**1&2:** Step right to side, close left next to right, step right to side

**3-4:** Rock left back, recover onto right

**5-8:** Roll hips full circle twice anticlockwise

(Easy option: hip bumps left, right, left, right)

### #2: SIDE SHUFFLE, BACK ROCK, HIP ROLL X2

**1&2**            Step left to side, close right next to left, step left to side

**3-4**            Rock right back, recover onto left

**5-8**            Roll hips full circle twice clockwise

(Easy option: hip bumps right, left, right, left)

### #3: FORWARD SHUFFLE, FORWARD ROCK, BACK SHUFFLE, BACK ROCK

**1&2**            Step right forward, close left next to right, step right forward

**3-4**            Rock forward on left, recover onto right

**5&6**            Step left back, close right next to left, step left back

**7-8:rock back on right, recover onto left**

### #4: 1/8 TURN (HOOLA HOOP) X2, HEEL, TOE, HEEL, TOGETHER

**1-2**            Step right forward turning 1/8 turn left rolling hips (left to right, hoola hoop style)

**3-4**            Step right forward turning 1/8 turn left rolling hips (left to right, hoola hop style)

**5-6**            Touch right heel forward, touch right toe across left shin

**7-8**            Touch right heel forward, step right in place next to left

**TAG: DANCE ONCE AT THE END OF WALL THREE (FACING 3 O'CLOCK)**

## **S1: RIGHT VINE, LEFT ROLLING VINE**

**1-4** Step right to side, step left behind, step right to side, touch left next to right

**5-8** step left forward turning  $\frac{1}{4}$  left, step back right turning  $\frac{1}{2}$ , step left to side turning  $\frac{1}{4}$ , scuff right Across left

**(Easy option: replace rolling vine with a left grapevine, scuff)**

## **S2: JAZZ BOX, HEEL SWITCH X3, HITCH**

**1-4** Step right across left, step left back, step right to side, step left in place next to right

**5-8** Touch right heel forward, switch to left heel forward, switch to right heel forward, hitch right  
Knee

**Smile, enjoy and have fun**

**Contact: [peppermintpolo1@hotmail.co.uk](mailto:peppermintpolo1@hotmail.co.uk)**