

Strength Beyond the Door

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Count: 60 **Wall:** 2 **Level:** Intermediate waltz

Choreographer: Donna Manning & Todd Robishaw (March 2015)

Music: Better then You Left Me by Mickey Guyton

TAG: 24 count Tag after wall 2 facing 12:00

Sec. 1 (1-6) Step, Pause, ¼ Turn, Pause

1,2-3 Step L fwd with L shoulder fwd extending L arm, pause through counts 2 and 3

4,5-6 during count 4 push off L turning ¼ turn R with R to side (facing 3:00) placing both hands on chest, pause 5-6 (6:00)

Sec.2 (7-12) ¼ Turn W/ Ronde, Back Twinkle

1, 2-3 push off of R ¼ turn L stepping L fwd (12:00), sweep R back to front on counts 2-3

4,5,6 Cross R over L, Step L back, Step R to R side

Sec.3 (13-18) Weave, Side Step, Prep

1,2,3 Cross L over R, R to R side, L behind R

4, 5-6 R to R side, Lean on R leaving L out to side prepping R shoulder back for 5-6

(R arm out to side, L arm out front) (12:00)

Sec.4 (19-24) ¼, ½, ½, Step, Extend (pause)

1,2,3 ¼ Turn L Stepping L fwd, ½ Turn L Stepping R back, ½ Turn L Stepping L fwd (9:00)

4, 5-6 step R across body leaning into a fwd lunge extending L arm out, pause thru 5-6 (9:00)

Sec.5 (25-30) ½ Fallaway Diamond

1,2,3 Step back on L, Step back on R, 1/8 turn L Step L to side (facing 6:00)

4,5,6 Step R across L, Step L fwd, 1/8 turn L Step R to R side (facing 3:00)

Sec.6 (31-36) ½ Fallaway Diamond + ¼

1,2,3 1/8 turn L Step L back, Step R back, 1/8 turn L Stepping L to L side (12:00)

4,5,6 1/8 turn L Stepping R across L, Step R fwd, 3/8 turn L Stepping R back (6:00)

Sec.7 (37-42) 1/4 Turn, Cross, 1/4 Turn, 1/4 Turn, Cross, 1/4 Turn

1,2,3 1/4 turn L stepping L to L side, Cross R over L, 1/4 turn R stepping back on L (6:00)

4,5,6 1/4 turn R stepping R to R side, Cross L over R, 1/4 turn L stepping back on R (6:00)

Sec.8 (43-48) 3/8 Turn, Lift, Back, Side, Cross

1,2,3 3/8 turn L stepping L to 1:30, Lift R pointing toe slight bent knee- pause through count 3

4,5,6 Step R back, Step L to L side (12:00), Cross R over L angling body to 10:30 (12:00 wall)

Sec.9 (49-54) Step, Lift, Back, 1/8 Turn, Cross

1,2,3 Step L towards 10:30 (12:00 wall), Lift R pointing toe slightly bent knee - pause through count 3

4,5,6 Step R back, 1/8 turn L stepping L to L side, Cross R over L (9:00)

Sec.10 (55-60) 1/4 Turn, 1/2 Turn, 1/2 Turn, Step, 1/2 Turn, 1/2 Turn

1,2,3 1/4 Turn L stepping L fwd toe out, 1/2 Turn L Stepping R back, 1/2 Turn L stepping L close to R (6:00)

4,5,6 Step R fwd, 1/2 Turn R stepping L back, 1/2 Turn R stepping R close to L

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TAG 24 counts, done after wall 2

Sec.1 (1-6) Step, Lift, Back, 1/2 Turn, Step

1,2,3 Step L fwd, Lift R, pause through count 3

4,5,6 Step R back, 1/2 turn L stepping L fwd, step R to diagonal 7:30 (6:00)

Sec.2 (7-12) Cross, Side Rock, Recover, Cross, side Rock, Recover

1,2,3 Cross L over R, Side rock R to R side, Recover weight to L

4,5,6 Cross R over L, side rock L to L side, recover weight to R (6:00)

Sec.3 (13-18) 1/2 Turn Balance, Back Balance

1,2,3 Step L fwd - as you are making $\frac{1}{2}$ turn L on the ball of L change weight to R, change weight to L

4,5,6 Step R back, close L to R, change weight to R

Sec.4 (19-24) $\frac{1}{2}$ Turn Balance, Back, $\frac{1}{4}$ Turn, Cross

1,2,3 Step L fwd - as you are making $\frac{1}{2}$ turn L on the ball of L change weight to R, change weight to L

4,5,6 Step R back, $\frac{1}{4}$ turn L stepping L to L side, Cross R over L (3:00)