

Rundt Neste Sving / Next Turn

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Count: 24

Wall: 4

Level: Beginner / Improver

Choreographer: Karianne Heimvik - June 2018

Music: Rundt neste sving by Rotlaus

(1-8) right side step, touch, left side step, touch, slow chasse

1,2,3,4; step R to right, touch L next to R, step L to left, touch R next to L

5,6,7,8; step R to right, step L next to R, step R to right, touch L next to R

(for improver: 1-4 as is

5,6,7,8; $\frac{1}{4}$ turn to right stepping fwd on R, $\frac{1}{2}$ turn to right stepping back on L, $\frac{1}{4}$ turn to right stepping R to right, touch L next to R)

(9-16) left side step, touch, right side step, touch, slow chasse

1,2,3,4; step L to left, touch R next to L, step R to right, touch L next to R

5,6,7,8; step L to left, step R next to L, step L to left, touch R next to L

(for improver: 1-4 as is

5,6,7,8; $\frac{1}{4}$ turn to left stepping fwd on L, $\frac{1}{2}$ to left stepping back on R, $\frac{1}{4}$ turn to left stepping L to left, touch R next to L)

(17-24) right side step, touch, left side step, touch, step back, touch, $\frac{1}{4}$ turn, touch

1,2,3,4; step R to right, touch L next to R, step L to left, touch R next to L

5,6; step back on R, touch L next to R

7,8; $\frac{1}{4}$ turn to left stepping fwd on L, touch R next to L

Start dance again!

Optional arms: if you want arm movements can be added:

On count 21 (stepping back) and 23 (stepping fwd $\frac{1}{4}$ turn); clap your hands

On the side steps, move your arms over your head, from side to side on the side steps count. (1&3)

On the slow chasse, move your arms over your head, from side to side, slowly. Start on count 5 and finish on count 8.

The arms move the same way as your feet.

Check out the demo video. Beginner level is danced the first 4 walls, the next 4 is danced with the optional arms and last 4 walls is danced at improved level.

Enjoy and remember to smile