

Ready, Steady, Rumble

LINEDANCE.COM

Count: 32

Wall: 4

Level: Improver

Choreographer: Grant Stanley & Lesley Clark (Scotland April 2013)

Music: Lets Get Ready To Rumble by PJ & Duncan (aka Ant & Dec)

Intro: 16 count intro after the heavy beat

Restart: Restart the dance on walls 4,6 & 8 after count 16.

STEP FORWARD, FORWARD, BACK, BACK, LOCK-STEPS RIGHT & LEFT

- 1-2** Step forward right, step forward left (feet apart shoulder width)
- 3-4** Step back right, step back left (feet back together)
- 5&6** Step forward on right, lock left behind right, step forward on right
- 7&8** Step forward on left, lock right behind left, step forward on left

SYNCOPATED ROCKING CHAIR x2, SHUFFLE FORWARD, ½ TURN SHUFFLE

- 1&2&** Rock forward on right, recover, rock back on right, recover
- 3&4&** Rock forward on right, recover, rock back on right, recover
- 5&6** Step forward on right, step left next to right, step forward on right
- 7&8½** turn right stepping back on left, step right next to left, step back on left *****

COASTER STEP, ANCHOR STEP, SHUFFLE BACK, ½ TURN SHUFFLE

- 1&2** Step back on right, step left next to right, step forward on right (big step forward here)
- 3&4** Step left behind right, step right in place, step back on left
- 5&6** Step back on right, step left next to right, step back on right
- 7&8½** turn left stepping forward on left, step right next to left, step forward on left

CROSS ROCK STEP, CROSS ROCK STEP, PADDLE ¾ TURN, TOUCH

- 1&2** Cross rock right over left, recover on left, step right to right side
- 3&4** Cross rock left over right, recover on right, step left to left side
- 5&6&** Touch right out to right side, ¼ turn left hitching knee, touch right out to right side, ¼ turn left hitching knee
- 7&8** Touch right out to right side, ¼ turn left hitching knee, touch right beside left

Have Fun and Enjoy

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=92054