

# SUGAR PUSH

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** advanced

**Choreographer:** Barbara Mendelsohn

**Music:** Cold Outside by Big House

## SYNCOPATED RIGHT VINES WITH RONDES; TRIPLES IN PLACE

- 1-2** Step right foot to right side; cross-step left foot behind right
- &3-4** Step right foot to right side; hop onto left foot and circle right leg to right side and behind left foot; step on right beside left
- 5&6** Step on left, step on right, step on left
- 7-8** Step right foot to right side; cross-step left foot behind right
- &9-10** Step right foot to right side; hop onto left foot and circle right leg to right side and behind left foot; step on right beside left
- 11&12** Step on left; step on right; step on left.

## RIGHT KICK-BALL-CHANGES, ¼ TURN, FORWARD SHUFFLES, ½ TURN

- 13&14** Kick right foot forward; step on ball of right foot; step on left
- 15&16** Kick right foot forward; step on ball of right foot; turning ¼ left, step on right
- 17&18** Step right foot forward; step left together; step right foot forward
- 19-20** Pivoting ½ turn right, step forward onto left; step on right foot.

## SYNCOPATED JUMPS, CLAPS, WEST COAST WALK FORWARD; TRIPLE STEPS

- &21-22** Hop forward on left foot; hop forward on right bringing feet together; clap hands
- &23-24** Hop back on right foot; hop back on left bringing feet together; clap hands
- 25-26** Step right foot forward; step left foot forward
- &27-28** Step on right foot behind and slightly left of left heel; step on left in place; step on right slightly behind left heel.

## TOUCH, REVERSE TURN, TOUCH, STEP FORWARD, TOUCH, RIGHT FORWARD SHUFFLE, ½ MILITARY TURN

- 29-30** Touch left toe behind right foot; pivot ½ turn left keeping weight on right foot and touching left toe in front of right foot
- 31-32** Step left foot forward; touch right toe beside left foot

**33&34** Step right foot forward; step left together; step right foot forward

**35-36** Pivoting ½ turn right, step left foot forward; step on right foot.

### **LEFT FORWARD SHUFFLE, FULL TURN, OUT-OUT, IN-IN SYNCOPATIONS**

**37&38** Step left foot forward; step right together; step left foot forward

**39&40** Step right foot forward beginning full left turn; step on left continuing turn; step on right foot

**&41-42** Step left foot to left side; step right to right side about shoulder-width apart; hold and clap hands

**&43-44** Step right foot home; step left foot beside right; hold and clap hands.

### **CROSS, UNWIND, OUT-OUT, IN-IN SYNCOPATIONS**

**45-46** Cross-step right foot over left; unwind ½ turn left

**&47** Step right foot to right side; step left foot to left side

**&48** Step right foot home; step left foot beside right.

### **REPEAT**