

# You Put the Shama Lama

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**Count:** 32      **Wall:** 4      **Level:** Absolute Beginner

**Choreographer:** Micaela Svensson Erlandsson, Swe, November 2017

**Music:** Shama Lama Ding Dong By Ronnie McDowell

**Note: Use hips all through the dance to get the feeling of the music**

**Intro - 32 counts**

## **Section 1: Right Forward Rumba Box.**

- 1-2**      Step right to right side. Step left beside right.
- 3-4**      Step forward on right. Hold.
- 5-6**      Step left to left side. Step right beside left.
- 7-8**      Step back on left. Hold.

## **Section 2: Sway. Hold. Sway. Hold. Sway. Hold. Sway. Hold.**

- 1-2**      Step right to right side swaying right. Hold.
- 3-8**      Sway left. Hold. Sway right. Hold. Sway left. Hold.

## **Section 3: Slow Right Chasse. Hold. Slow left Chasse $\frac{1}{4}$ turn left. Hold.**

- 1-4**      Step right to right side. Close left beside right. Step right to right side. Hold.
- 5-6**      Step left to left side. Close right beside left.
- 7-8**      Turn  $\frac{1}{4}$  left stepping forward on left. Hold.

## **Section 4: Slow right Forward Mambo. Hold. Slow left Mambo Back. Hold.**

- 1-4**      Rock forward on right. Recover onto left. Step back on right. Hold.
- 5-8**      Rock back on left. Recover onto right. Step forward on left. Hold.