

# Stay Strong

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Sandra Speck and Alexis Strong (UK) Jan. 2016

**Music:** Stay by The Corrs, - iTunes

## #16 count intro, Start On Vocals

### [1-8]. RIGHT SIDE, LEFT BEHIND SIDE CROSS, SIDE, BEHIND SIDE CROSS, SIDE TOUCH.

- 1-2            Step right foot to side (1) Cross left behind right (2)
- &3-4        Step right foot to side (&) Cross left over right (3) Step right foot to side (4)
- 5&6        Cross left behind right (5) Step right foot to side (&) Cross left over right (6)
- 7-8        Step right foot to side (7) Touch left next to right (8)

### [9-16]. CHASSE ¼, SHUFFLE ½ , ROCK BACK RECOVER, HEEL SWITCHES FORWARD

- 1&2        Step left to side (1) Close right next to left (&) step forward on left making ¼ turn left (2)
- 3&4        Step right to side turning ¼ left (3) Close left foot next to right (&) Step back on right turning ¼ left
- 5-6        Rock back on left foot(5) Recover onto right foot (6)
- 7&8&      Touch left heel forward (7) Step left beside right (&) Touch right heel forward (8) Step left beside right (&)

## Tag here on wall 2

### [17-24].STEP FORWARD, HITCH RIGHT, COASTER STEP, STEP PIVOT 1/4, CROSS SHUFFLE

- 1-2        Step forward on left (1) Hitch right knee (2)
- 3&4        Step back on right foot (3) Close left foot next to right (&) Step forward on right foot(4)
- 5-6        Step forward on left foot (5) Pivot ¼ turn right, transferring weight to right (6)
- 7&8        Cross left foot over right (7) Step right to side(&) Cross left foot over right (8) 6.00

### [25-32]. RIGHT SIDE, BEHIND, SIDE, HEEL, & CROSS, BACK1/4, SIDE, CROSS SHUFFLE

- 1-2        Step right to side (1) Cross left behind right (2)
- &3        Step right to side (&) Touch left heel forward to left diagonal (3)
- &4        Step left foot next to right (&) Cross right foot over left (4)

**5-6** Step back on left turning  $\frac{1}{4}$  right (5) Step right foot to side (6)

**7&8** Cross left foot over right (7) Step right to side (&) Cross left foot over right (8) 9.00

**Tag: Wall 2 after section 2**

**1-2** Step forward on left foot (1) Touch right next to left (2)

**Then Restart from the beginning facing 12 o'clock**

**ENJOY!!**

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**Last Update - 15th Jan. 2016**