

ROLLERCOASTER

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Count: 64

Wall: 4

Level: intermediate

Choreographer: David Harrison

Music: Life Is A Rollercoaster by Ronan Keating

RIGHT SHUFFLE FORWARD, ¼ TURN, SIDE SHUFFLE LEFT, ¼ TURN ROCK STEP, WALK FORWARD

- 1&2** Shuffle forward, stepping right, left, right
- 3&4** Make ¼ turn to the left on right foot and shuffle to the left side, stepping left, right, left
- 5-6** Make ¼ turn to the left on left foot, rocking back on right foot, rock forward onto left foot 7-8 walk forward, stepping right, left
- 9-16** Repeat steps 1-8

ROCK STEP X 3, FULL TURN BACKWARDS

- 17-18** Rock forward on right foot, rock back on left foot
- 19-20** Rock back on right foot, rock forward on left foot
- 21-22** Rock forward on right foot, rock back on left foot
- 23-24** Make ½ turn to the right on left foot stepping forward on right foot, make ½ turn to the right on right foot stepping back on left foot

ROCK STEP X3, FULL TURN FORWARD

- 25-26** Rock back on right foot, rock forward on left foot
- 27-28** Rock forward on right foot, rock back on left foot
- 29-30** Rock back on right foot, rock forward on left foot
- 31-32** Make ½ turn to the left on left foot stepping back on right foot, make ½ turn to the left on right foot stepping forward on left foot

SIDE, BEHIND, SIDE SHUFFLE & TURN TWICE

- 33-34** Step to the right on right foot, cross left behind right bending knees slightly
- 35&36** Shuffle to the right, stepping right, left, right and making ¼ turn to the left
- 37-38** Step to the left on left foot, cross right foot behind left bending knees slightly
- 39&40** Shuffle to the left stepping left, right, left, making ¼ turn to the left
- 41-48** Repeat steps 33-40

ROCK STEPS X 3, SIDE SHUFFLE & TURN

- 49-50** Rock forward on right foot, rock back onto left foot
- 51-52** Rock to the right on right foot, rock weight back onto left foot
- 53-54** Rock back on right foot, rock forward on left foot
- 55&56** Shuffle to the right, stepping right, left, right, making $\frac{1}{4}$ turn to the left

ROCK STEP X 3, SIDE SHUFFLE LEFT

- 57-58** Rock back on left foot, rock forward on right foot
- 59-60** Rock to the left on left foot, rock weight back onto right foot
- 61-62** Rock forward on left foot, rock back onto right foot
- 63&64** Shuffle to the left, stepping left, right, left

REPEAT